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# WHO MAKES YOUR FOOD?

**B**uy local: It's a mantra repeated with such frequency in the bountiful Willamette Valley that it's almost lost all meaning. Let's take a step back and look at some numbers. According to the Willamette Farm and Food Coalition, a 2010 analysis estimated that Lane County consumers are spending less than 5 percent of their food money on locally produced food.

"OK, but locally produced food is hard to find," you scoff.

Actually, that's wrong! Lane County has an astonishing variety of locally grown foods — milk, veggies, fruit, herbs — and now that the Lane County Farmers Market is open on Thursdays as well as Tuesdays and Saturdays, locavores have even more opportunities to buy fresh produce.

The Willamette Valley is also home to numerous food makers that distribute their products locally as well as nationwide. We have granola makers, salsa crafters, chocolatiers, juicers, yogurt producers — you name it.

That's why *EW* decided to do this issue of *Chow* a little differently. Instead of highlighting new restaurants, we're taking a look at local businesses, people and companies that make food. There are so many that we couldn't possibly list them all in one issue, but we've tried to at least provide a snapshot of what local food production can offer. You can find many of these products in local grocery stores, farmers markets and even online.

So dig in and find out what delicious things your neighbors are making.

## DRINKS

**Blue Lotus Chai**, founded in Eugene by Barbara and Stephan Cameron in 2010, makes it easy to brew a cup of milky, rich chai with its packets of powdered mix. It only takes one-fourth teaspoon of the mix added to water, milk and sugar to brew spicy, sweet goodness. The powder dissolves in hot water, making the entire cup of tea smooth and uniform in flavor. Find Blue Lotus Chai at a vast number of local establishments, including Red Barn Natural Grocery, Sweet Life Patisserie, Noisette, The Kiva and more, or check out bluelotuschai.com.

Eugene hosts a number of tea purveyors, including **Yogi Tea** in Springfield ([yogiproducts.com](http://yogiproducts.com)), with its iconic herbal blends — seriously, its "Throat Comfort" tea is a godsend — and **Labrang Tea Traders**, which offers a tantalizing black tea blend called "Daydreamer's." It is sweet, mellow and comforting, with vanilla beans, red-rose petals and cardamom pods. Head over to [labrangtraders.com](http://labrangtraders.com) for more blends. Meanwhile, **J-Tea International**, which opened its second teahouse last month on 19th Avenue, sells tea from Taiwan and China, giving Eugene a glimpse into Eastern tea culture. Founded in 2004 by Josh Chamberlain, J-Tea has an enormous selection of tea blends, including "Eugene Breakfast," an orange pekoe black tea with smooth texture and tangy taste. Find more at [jteainternational.com](http://jteainternational.com) or head to 2778 Friendly Street.





# CREATIVE JUICES

GENESIS JUICE SQUEEZES HIGH-QUALITY FRUIT

BY RACHAEL CARNES

**GENESIS JUICE'S GINGER LEMONADE CONTAINS WATER, ORGANIC LEMONS, GINGER AND AGAVE NECTAR**

**S**ince the 1970s, Genesis Organic Juice has prided itself on providing a product that's local, sustainable and 100-percent organic.

And in that mission, it's taking on Big Soda.

"Odwalla is a Coke product. Naked is a Pepsi product," says Jonah Alves, president of Genesis Juice. "This new one, Suja, is a Coke product, and Evolution is a Starbucks product."

These ubiquitous juices compete for space on store shelves, but do average thirsty consumers comprehend that they're buying from a large corporate manufacturer? And should they care?

"We don't use juice-grade fruit," Alves says. "We use fruit-salad grade fruit. Every piece of fruit is handpicked and hand-culled. Nobody does that. All the rot, the bad spots, get dumped in and boiled away."

Boiling juice?

"With anything, heat degrades flavor and nutrition," Alves says.

Many juice manufacturers, Alves explains, boil away potential pathogens using high heat and leave the juices in enormous sealed vats, sometimes for up to a year. Later,

"flavor packs" are added back to the juice before packaging, to make it more palatable.

Not so Genesis Juice, which uses a method called high pressure processing (HPP) to make its juices safe to sell and consume without adding heat.

"Our technique uses pressure," Alves says. "No heat is used at all. So when it comes to taste, flavor and color, we think this is second-best to fresh squeezed."

HPP is a technology that Toby's Family Foods, which acquired Genesis Juice in 2007, has been using for years to preserve its spreads and dressings without cooking the tofu.

"When Genesis approached us, they were floundering, close to bankruptcy," Alves says. "We had similar company philosophies of using local products and 100-percent organic stuff."

He adds, "The cool thing is, we were able to save a long-time Eugene business."

Following the acquisition, Toby's hired back many Genesis employees and set to work on a package redesign.

Some may remember those stout little glass bottles with the fruity label.

"But there's nothing particularly sustainable about glass," Alves says.

The company opted for PETE plastic, the most recyclable.

Genesis juices are poured into bottles, and the whole container is put through the HPP process that uses hydrostatic pressure to kill any potential pathogens, while ensuring vitamins, minerals and antioxidants aren't damaged or degraded.

Because the plastic container is never heated, consumers don't need to fear that chemicals from the plastic container are potentially leaching into their food.

"Our juice retains 84 percent of its vitamins using this process," Alves says.

On the day EW visited Genesis Juice's production facility, the air was alive with the scent of fresh lemons for cranberry lemonade, ginger lemonade and strawberry lemonade. The company also makes a "Superfood Smoothie," a hibiscus cooler, several varieties of apple juice blends and an herbal tonic that's a perfect pick-me-up. They also press orange juice, though just for a few months of the year.

"Orange juice, when it's in season, is the best," Alves says. ■

*See [genesisorganicjuice.com](http://genesisorganicjuice.com) for more info.*



# SWEETS

With a cute storefront in the Farmers' Union Marketplace near Fifth Avenue and Olive Street in downtown Eugene, **Chocolate Decadence** provides gluten-free, dairy-free and vegan chocolate to candy lovers with dietary restrictions. Don't think this is some kind of second-class chocolate — Chocolate Decadence makes divinely tasty morsels, from its chocolate-covered coconut balls to its buzzy chocolate espresso bar. Get your chocolate fix at [chocolatedecadence.com](http://chocolatedecadence.com) or visit the store at 152 W. 5th Avenue in Eugene.



## BLISSING OUT

COCONUT BLISS BRINGS VEGAN GOODNESS TO THE ICE CREAM WORLD BY WILLIAM KENNEDY

Local ice cream maker Coconut Bliss has built a nationally recognized brand name without sacrificing its core values of independence and integrity. Coconut Bliss marketing communications manager Elizabeth Reilly says these Eugene-style priorities are partially what make her company so unique. "We are one of the best examples of a family-run company in the region," Reilly tells EW.

Coconut Bliss founders Luna Marcus and Larry Kaplowitz are themselves sensitive to dairy and soy. Prior to launching Coconut Bliss, the pair was disappointed with the ice cream alternatives on the market. "At the time, the alternatives were made out of either rice or soy," Reilly says. "They didn't have great flavor," she explains, adding that instead the products were of "poor texture, they weren't creamy. They weren't satisfying."

After taking some cooking classes, Marcus bought a hand-crank ice cream maker. "One day she was inspired to try coconut milk" as a base for her ice cream, Reilly recalls, "and the rest is history. We were the first product on the market to use coconut milk as a base for ice cream."

Coconut Bliss sweetens its coconut milk with agave.

"It took off like wildfire," Reilly adds, explaining Coconut Bliss is distributed nationwide as well as in Canada, Australia and Germany. Coconut Bliss recently launched two new flavors: "Chocolate Chip Cookie" and "Cinnamon Chocolate Fusion."

Other flavors include "Naked Coconut," "Salted Caramel and Chocolate" and "Vanilla Island."

Reilly continues: "Our first customers were Red Barn and Sweet Life Patisserie. When it really started to snowball, Luna and Larry were still making it themselves. It was like, 'OK, now we've got to figure out how to scale this model.'"

To deal with the added business, Junction City's Lochmead Dairy stepped in to help with production. "Now they have a percentage ownership," Reilly says. Nevertheless, Coconut Bliss has remained privately owned.

"We've never had to go through the acquisition process," Reilly explains. "We've had the opportunity to maintain our philosophy and our product values."

"Our entire product line is certified organic," she continues. "We recently became members of the Organic Trade Association. We also support the non-GMO movement." Reilly explains all Coconut Bliss products are vegan, gluten-, soy- and dairy-free.

"It doesn't matter which flavor you pick up," Reilly says. "If you have these specific dietary or lifestyle requirements — anything the customer buys is going to be OK for that."

In addition, Coconut Bliss prioritizes sustainable business practices — the production facility is solar-powered.

The startup success story of Coconut Bliss is not uncommon in the Eugene area, particularly in the food production industry. Reilly says there's something about Eugene that attracts and supports the entrepreneurial spirit.

"We are fortunate to live in this lush environment where food is not separate from us," Reilly says. "This is close to us. This is personal." ■

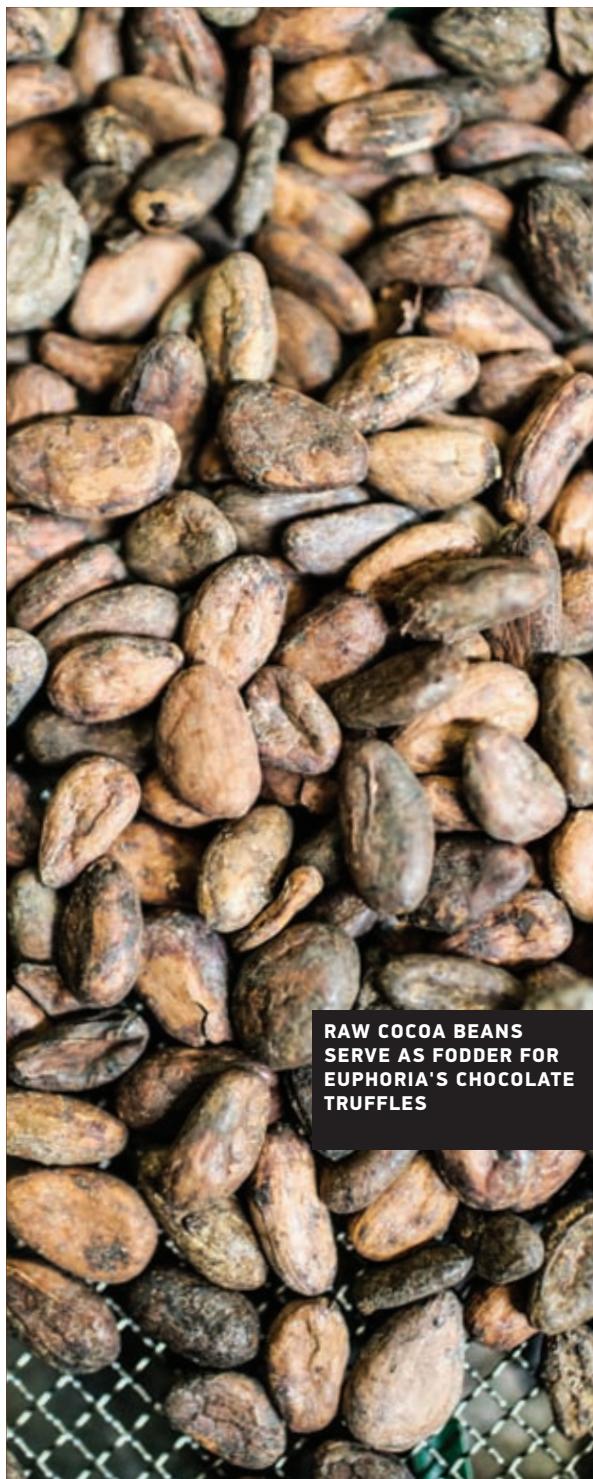
For more info or to find retailers, visit [coconutbliss.com](http://coconutbliss.com).

**'IT DOESN'T MATTER WHICH FLAVOR YOU PICK UP. IF YOU HAVE THESE SPECIFIC DIETARY OR LIFESTYLE REQUIREMENTS - ANYTHING THE CUSTOMER BUYS IS GOING TO BE OK FOR THAT.'**

— ELIZABETH REILLY, COCONUT BLISS

# GRAFT CHOCOLATE

EUPHORIA IS CHOCOLATE WITHOUT THE OOMPA LOOMPAS BY RICK LEVIN



I'm here to report that the Euphoria Chocolate Company in west Eugene bears little resemblance to the delicious Byzantine splendor of Willy Wonka's Chocolate Factory. Sadly, no orangey Oompa Loompas mobbed me at the entrance when I visited, and Euphoria proprietor Van Glass is practically the antithesis of that passive-aggressive tyrant Willy Wonka, whose benevolent disregard sent poor Augustus Gloop up the tube.

The insides of Euphoria, instead, are clean and elegant, almost Kubrickian in their steely geometry, and Van Glass — who co-owns the operation with his wife Bonnie Glass — is a kind, mild-mannered man whose professional approach to high-quality artisanal chocolate is less Gene Wilder than Henry Ford.

"Craft chocolate is just starting to gain serious momentum and is still in the early phases of growth," he tells me. "I would liken it to where the craft beer industry was about 20 years ago."

Bonnie Glass also emphasizes the unique characteristics of the sort of "small batch" craft chocolate in which Euphoria specializes. "A good-quality, consistent chocolate is satisfying," she explains. "Like wine, it has differences tied to region, production and a lot of other factors."

Together, the Glasses are the last people you might expect to be making and selling such addictive devilry as those chocolate-coated graham crackers I can't for the life of me stop wolfing down.

Nonetheless, Van and Bonnie Glass did exhibit a devious and somewhat Wonka-like delight as they watched me sample a generous offering of their latest innovations: soda truffles (grape, root beer, 7-Up, cola) and chocolate-coated cereal, which includes such classics consumer staples as Cap'n Crunch and the surprisingly delicious Golden Grahams.

Talk about knowing your audience. As I popped one delicacy after the other into my mouth ("don't mind if I do..."), a kind of Goopian greed overtook me; I wasn't sure if I'd finish the chocolate or the chocolate would finish me.

It's hard to believe that, less than three years back, the Glasses were living in Costa Rica with no thought of making chocolate. Van, a Eugene native, has a background in software engineering, and Texas-born Bonnie's only experience with food production was working in a tortilla factory. When they moved to Eugene in December 2013, all they knew was they wanted a new venture.

"I soon learned that the owners of Euphoria Chocolate Co. were retiring and thought this would be a perfect opportunity for us both," Van says, noting that Euphoria "has been part of the community for the past 35 years, so it is important to us that we be good stewards continuing to offer customer favorites while also introducing new product lines that allow us to put our own stamp on the company."

"I think people like buying something new to try," Bonnie adds. "It gives them a reason to keep coming in."

Perhaps the biggest flag the Glasses have planted in the established company comes on the production side of things. Among all the munchies I sampled was evidence of the Glasses' most daring venture — a truffle that the company has created from beginning to end, unlike most manufacturers who buy their chocolate base in bulk.

What this means is that Euphoria is now in the business of buying raw cocoa beans from places like Ghana, Guatemala and Papua New Guinea; they roast the beans themselves (similar to the way coffee is roasted, but at a lower temp), separate the meaty nib from the husk ("winnowing"), grind the nibs into a chocolate "liqueur" (the "mélange" process) and, from there, turn them into truffles.

Euphoria's bean-to-bar truffles are disarmingly complex. Unlike most mass-produced chocolate, which strikes a single sweet note, the truffles reveal themselves slowly, with a flavor profile that unfolds hints of coffee, fruit and a becoming bitter-sweetness that is satisfying in a uniquely adult way. Euphoria's truffles are to the waxy monotone of Hershey's chocolate what Budweiser is to, say, Ninkasi or Hop Valley. It's like the world goes from flat to round.

The Glasses seem pleased at my response, and both say they are excited for local customers to try their new wares. "One of my favorite parts of my job is doing chocolate tastings," Van Glass later tells me. "I enjoy nothing more than to get together with a group of people who have never tasted craft chocolate before, walk them through a series of different single-origin chocolates and discuss impressions."

The least I could do was oblige. ■

*Euphoria Chocolate Company's main plant is at 4090 Stewart Road, with products sold at several outlets and stores around town, including the new downtown Euphoria at 946 Willamette Street; for further information, visit euphoriamchocolate.com.*

**'A GOOD-QUALITY, CONSISTENT CHOCOLATE IS SATISFYING. LIKE WINE, IT HAS DIFFERENCES TIED TO REGION, PRODUCTION AND A LOT OF OTHER FACTORS.'**

— BONNIE GLASS, EUPHORIA CHOCOLATE

# SALSA & SPICE

## PATRICIA GARCIA MAKES FLAVORFUL SALSAS AND SAUCES

BY AMY SCHNEIDER

**S**troll through the Lane County Farmers Market on a Saturday morning and you're bound to see Patricia Garcia's cheerful face at her colorful salsa stand. That same cheerful face is on all of her products, inviting salsa lovers to give Salsa Garcia a try.

"I believe that sauce really makes the meal, no matter what kind of food you're having," Garcia says. "If you have a good sauce, then your meal is right-on most of the time."

An accomplished chef, Garcia is most well known for her salsas, but she also makes tamales and enchilada sauce. She started out working at television and radio stations in California, Nevada and Colorado, cooking for friends and bringing her salsas to parties, but she didn't start selling her sauces at Saturday Market until 2013. After that, she switched to the Lane County Farmers Market, where she now sells her tamales and salsas every Tuesday, Thursday and Saturday.

Garcia's salsas pop in bright colors of red and green, zingy and flavorful. Her signature "original salsa" is velvety smooth and has a spicy kick that doesn't overpower the other flavors. Garcia's "salsa verde" is thicker in texture, more mild in taste with an appealing lime-green color.

*'MY PRODUCTS ARE ALL ABOUT THE FLAVOR.'*

— PATRICIA GARCIA, SALSA GARCIA

Her third offering, "Chicano chile sauce," dances on the tongue with a bright dazzle of flavor, and the orange-red color looks beautiful on display.

The key to Garcia's salsas, she says, is the balance of spiciness against the flavors in the mix. "My products are all about the flavor," she says. "You can taste garlic, the jalapeños, the scallions — and I don't use onions, because onions tend to overpower everything."

Garcia grew up in Calexico, California, immediately across the border from Mexicali in Mexico. She says her family has long served as inspiration for her products — some of Garcia's recipes come from her mother, and her sister has helped Garcia develop the flavor profile she sought in her salsas.

During a typical week, Garcia makes 5 gallons of salsa at a time, a process that takes around two hours. She rents a kitchen from FOOD for Lane County — "they've been a godsend," she says — and uses in-season ingredients from local Crossroads Farm. She roasts the jalapeños, then blends all the ingredients together to make about 42 16-ounce containers in one batch.

The enchilada sauce, Garcia says, is a lengthier endeavor, happening over the course of three days and producing about 12 gallons of sauce. She also puts in 13-hour days on Sundays to make tamales — she sells 20 to 30 dozen a week, along with 40 gallons of salsa and 15 gallons of enchilada sauce.

This is in addition to the hours of work she puts in at the Lane County Farmers Market throughout the week.

What makes all the hours worth it, Garcia says, is spending time at the market and watching her customers light up as they get a mouthful of one of her sauces. "It makes me feel good that people get such a joy from my salsa and my tamales," she says.

Garcia adds that she also enjoys the atmosphere of the market and trading her salsas with farmers for local produce like goat cheese and lettuce. "Everybody there works so hard," she says. "It's amazing."

In the future, Garcia says she hopes to see her salsas in local restaurants. Her products are already available at Market of Choice, Capella Market, Haggen (soon to revert to Albertsons) and, when it opens in the fall, Whole Foods.

She credits her son and husband for their support — a marketing and business major, Garcia's son helped her develop the brightly colored packaging that makes her salsas instantly recognizable.

"We like a lot of color," she laughs. "We're very flashy." ■

Find Garcia's products at the Lane County Farmers Market near 8th and Oak or visit [salsagarcia.com](http://salsagarcia.com).



A COLLECTION OF GARCIA'S RECIPES CAN BE FOUND AT [SALSAGARCIA.COM](http://SALSAGARCIA.COM)

# THE CRUNCHIEST OF ALL

WILDTIME FOODS MAKES TASTY LOCAL GRANOLA BY DAEMION LEE

## SNACKS & DIPS

From dessert-like confections to the perfect summer party snack, **Cosmos Creations** in Junction City has you covered. This company does amazing things with puffed corn. Its "Salted Caramel" snack is sweet, crunchy and melts in your mouth, while "Spicy Sriracha" tingles on the tongue. Cosmos started in 2004 but expanded in 2012 to its production facility in Junction City, and has been cranking out addictively delicious oven-baked corn ever since. Look up [cosmoscreations.com](http://cosmoscreations.com) to get your snack on.

You can trust **De Casa Fine Foods** to supply all the salsa, hummus, bean dip and tortillas needed for dinner or a football party. Manufactured in Eugene, De Casa's tortillas come in a variety of sizes, from adorably miniature "snack" size to hefty "burrito" size. All tortillas are vegan and pair well with De Casa's salsas, which come in mild, medium and hot. See the full line of products at [decasafinefoods.com](http://decasafinefoods.com).



WHIT HEMPHILL, LEFT,  
AND BRAD AVERILL  
IN WILDTIME FOODS'  
PRODUCTION FACILITY

**G**ranola is a health food and a symbol of the natural foods movement, and the word itself is sometimes used as a mildly derogatory epithet to describe a health-obsessed hippie.

Whit Hemphill and Brad Averill, co-owners of Wildtime Foods, which produces Grizzlies Brand granola, say they embrace granola and all it stands for.

"There's something real tangible to it and direct about it," Hemphill says about granola. "It's not some mashed-up thing in a bar or in a powdered shake or something like that."

"You just look at it," he says of granola, and see that you "could have made it."

Wildtime has been in business for 35 years, and in 2014, it relocated to a larger building in the Whiteaker, where Wildtime makes granola as well as trail mix, muesli and salted nuts.

From the outside, the Wildtime Foods building looks like any other office. It's the smell that gives it away, a mixture of cinnamon, oats or nuts, depending on which recipe is being prepared that day. Inside, the ovens are giving off heat and people with aprons work steadily on the next batch of granola.

From this building, tucked away on 2nd and Van Buren next to the railroad tracks, Wildtime sends its Grizzlies granola to health food stores and co-ops across the West.

As perhaps is fitting, one of the original founders of the company was a musician, Doug Clark, who was trying to earn a bit of supplementary income. Clark, who was also involved with *The Eugene Comic News*, started making granola bars in 1981.

The company has since changed owners, but it has continued more or less doing the same thing. Each batch is relatively small, between 25 to 35 pounds, depending on the recipe. Many of these recipes have been around for years, like the organic

Swiss muesli, its best seller.

"I definitely think that what makes us unique is the small-batch, handmade process," Hemphill says. "Most others in the industry don't do it that way. It's much more mechanized."

Averill adds, "A lot of the places use a belt oven and they have a huge hopper where the stuff is mixed in. You're literally dumping in 100 pounds of oats at the same time."

They occasionally try new things as well, like the American Beauty granola, a tribute to the Grateful Dead. This granola has a salted maple flavor, a decision they made after sending samples to two former members of the Grateful Dead for feedback.

The move to the Whiteaker was a big transition. Previously the company was based in Glenwood, and the building there served its purpose for a long time, but the space was just too small, limiting storage and requiring workers to constantly slip by each other. Their excitement about the new building is evident as Averill and Hemphill point out the boxes and bags and bins stacked floor to ceiling in the two-story storage room.

"When we knew we were going to move, we really analyzed the workflow at each workstation and each process," Averill says. "So when we came over here we could design those to be much more efficient."

Business is going well for now, and the company is seeing new demand from places like Fred Meyer. And every day, the UPS truck comes and picks up the 25- to 35-pound boxes of granola to be shipped to stores from Oregon to Montana and northern California.

"Our idea is to continue to make craft, hand-made stuff," Hemphill says, "and have it be something that is identifiable as a quality Oregon-made product." ■

*For more, see [grizzliesbrand.com](http://grizzliesbrand.com).*

WILDTIME FOODS WAS  
FOUNDED IN 1981



PHOTOS: TODD COOPER

# SAUCES & SPICES

Yep, there's a vanilla producer in Eugene, and it has the cutest name ever: **Singing Dog Vanilla**. The company says it works with farming families in Papua New Guinea and Indonesia, giving them a share of profits in exchange for sustainable growing practices. Singing Dog Vanilla sells its vanilla in traditional extract form, as well as vanilla beans, vanilla salt, vanilla coffee and lip-quenching vanilla lip balm. Get your vanilla fix at [singingdogvanilla.com](http://singingdogvanilla.com).

Marty Parisien and Bill Wiedmann founded **Red Ape Cinnamon** in 2013 with the goal of distributing everyone's favorite holiday-reminiscent spice. Red Ape's cinnamon is organic and grown in Sumatra. As you might have guessed, "Red Ape" is a reference to orangutans, natives of Indonesia. Red Ape says it donates 5 percent of its profits to "organizations that protect orangutans and their habitat." The company has also "adopted" a handful of great apes through Orangutan Outreach, a nonprofit dedicated to saving the primates. Head over to [redapecinnamon.com](http://redapecinnamon.com) to learn more.

# MILK & HONEY

A fixture in Eugene since the 1970s, **GloryBee** overflows with honey and a love for bees. From its factory store on the outskirts of Eugene, GloryBee makes all of its products, including wax candles, cooking and baking supplies, a vast assortment of honeys and other sweeteners, and a comprehensive collection of beekeeping gear, helping out people interested in starting their own hive. GloryBee also gives back to the buzzy pollinators it depends on — through its "Save the Bee" initiative, GloryBee says it has raised \$65,658 for the Oregon State Honey Bee Lab to help fund bee research. For more, visit [glorybee.com](http://glorybee.com).

**Nancy's Springfield Creamery**, owned and operated by the Kesey family, got its start in 1970, and the company is still going strong. Nancy's yogurts, cottage cheese and sour creams are ubiquitous in Lane County, as is their cute, colorful packaging. Nancy's says most of its milk comes from farms within a 50-mile radius of Eugene — so you can thank local cows for all that creamy goodness. Head over to [nancysyogurt.com](http://nancysyogurt.com) for more.

Aptly named, **So Delicious** has spent the past 25 years making dairy-free delights in Springfield. Its ingredients include dairy alternatives like coconut milk, almond milk and cashew milk, and So Delicious doesn't stop at beverages. It also makes frozen desserts — check out "Dark Chocolate Truffle" ice cream made with cashew milk — yogurt alternatives and coffee creamers. The Eugene-based company was purchased by WhiteWave in 2014. Find more at [sodeliciousdairyfree.com](http://sodeliciousdairyfree.com).

# PACKING FOR THE FUTURE

SWEET CREEK FOODS OPERATES IN ELMIRA, OREGON



## SWEET CREEK FOODS FILLS A NICHE IN LANE COUNTY'S LOCAL FOOD SYSTEM

BY WILLIAM KENNEDY

**T**raditional capitalism teaches bigger is always better. Not so with Lane County-based Sweet Creek Foods.

"It isn't sustainable to grow too large," Sweet Creek owner and founder Paul Fuller tells EW. "You lose the flavor if you're trucking everywhere."

Located near Elmira, family-owned Sweet Creek Foods works with Eugene-area farms and food producers, co-packing and preserving food for consumers from Bellingham to San Francisco. "We believe in a static growth," Fuller says. "To go national takes fighting the big boys. We like the idea of being a regional player."

Fuller got his start in the refrigeration business, helping launch many well-known local food establishments. Fuller's wife Judy designs Sweet Creek labels and helps with the bookkeeping. The couple's sons have become involved in the family business as well. "We wanted to create a business to retire on," Fuller recalls, "and then we hoped to be able to maintain that size."

He explains, "We have about 30 different products," including tuna, pickles, marinara sauce, enchilada sauce and jam, all sold in glass jars. The enchilada sauce is loaded with flavor, tastefully spicy and complementary to other enchilada ingredients.

"Sweet Creek packs product for small companies and farms for farm stands and farmers markets," Fuller says, but also for local grocers like The Kiva, Sundance, Red Barn and many more.

"We've worked with a lot of the food businesses in town," Fuller says. "We've worked with Gathering Together Farms up in Philomath," he adds, as well as Junction City's Groundwork Organics. "We work with the fisherman out in Newport to get our tuna."

"We're trying to be the third leg in a local food system," Fuller says, explaining that some produce isn't available year-round in Oregon, and by preserving foods, Sweet Creek is "trying to work with the bounty here and get it to the people in a different way."

Sweet Creek prioritizes living-wage jobs for its employees. "Our goal is to keep the people that we have employed here," he says.

Fuller says this all makes Sweet Creek unique in Lane County's already thriving food industry — an industry he says is vibrant enough to make Eugene a "food hub."

"There's a lot of natural food stores," Fuller continues. "There's a lot of good organic produce available. People are very inclined to support local products and local production." Nevertheless, he says the economic potential of Eugene's food scene remains unrealized.

"We have the beer, we have the wine," Fuller says, noting Lane County also has several food processing businesses with small to relatively large-scale operations.

"We're a hub of food, [with] a lot of ideas about how to get local and regional food hubs going." ■

For more information about Sweet Creek Foods and their products, go to [sweetcreekfoods.com](http://sweetcreekfoods.com) or find them at your local natural grocer.





# HERBAL BLEND

SPICES, HERBS AND TEAS  
FROM MOUNTAIN ROSE HERBS

BY CLAIRE RISCHIOTTO



EUGENE WEEKLY.COM/CHOW

In Eugene, we take comfort in having local stores and markets dedicated to wholesome organic food, from The Kiva and Sundance Natural Foods to Market of Choice. But where do they get their ingredients? For herbs, teas and spices, one top supplier is Mountain Rose Herbs.

Mountain Rose Herbs has operated in Eugene since 2010. Along with boasting a total of 3,000 different products, it is rooted in the values of sustainability.

"Sustainability and sustainability initiatives are built into every facet of our organization, from the materials that we use to how we ship products, to even what we decide to offer," says Shawn Donnille, vice president of Mountain Rose Herbs. "We will not offer any product that comes from conventional sources. It all has to be organic or cultivated without chemicals."

To purchase Mountain Rose Herbs products, customers can make a phone call, place an order online or go to the company's headquarters to pick up the purchase. Another option is to purchase Mountain Rose's herbs, teas and spices at local stores and markets, such as Friendly Street Market, Sundance and Capella.

Among the thousands of ingredients sold by Mountain Rose Herbs are products ranging from Earl Grey tea to nettle leaf and matcha tea. The company's content strategist, Erin McIntosh, has

the unique job of experimenting with Mountain Rose Herbs' ingredients and creating recipes, which then are posted on the company's blog and published in Mountain Rose Herbs' e-book.

A sampling of the recipes evoke summer, including a tea cocktail, a hibiscus highball, flower-infused ice cream, lavender brownies and gluten-free, vegan seed crackers.

Soon, Mountain Rose Herbs will open an apothecary called Mountain Rose Herbs Mercantile, located within the Farmers' Union Marketplace at Fifth Avenue and Olive Street in downtown Eugene.

The company has yet to set a specific date for the opening, but Donnille shares that the apothecary will open this year between September and October.

Adorning the inside of the store, Donnille explains, will be "steampunk Victorian apothecary post-industrial" décor purchased from antique stores, including a long row of glass candy dispensaries filled with herbs. Donnille adds that while not all of the Mountain Rose Herbs ingredients will be sold at the apothecary, customers can place orders via kiosks at the store and pick up the order the following day. ■

*To learn more about Mountain Rose Herbs, visit [mountainroseherbs.com](http://mountainroseherbs.com); its headquarters are at 4060 Stewart Road in Eugene.*

**'WE WILL NOT OFFER ANY PRODUCT THAT COMES FROM CONVENTIONAL SOURCES. IT ALL HAS TO BE ORGANIC OR CULTIVATED WITHOUT CHEMICALS.'**

— SHAWN DONNILLE, MOUNTAIN ROSE HERBS

# BEST HANGOVER BREAKFAST 12 STRAIGHT YEARS!

## BREAKFAST ALL DAY

1689 Willamette | 541-343-1542

7am - 2pm Mon - Fri • 7am - 3pm Sat &amp; Sun

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featuring Tailored.



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**Noodle Bowl**

BUBBLE TEA & BUBBLE JUICE • KALBEE TERIYAKI : CHICKEN, BEEF TOFU, PORK KIMCHEE SOUP  
 HOT POTS • BI BIM BAP • CHAP CHAE  
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2 Towns Ciderhouse	17	Flat Tail Brewing	17
101 Eat & Drink	17	Fresh & Natural	17
221 Bce	13	Friendly Street Café	12
Addi's Diner	11	Full City Coffee Roasters	14
Agate Alley Bistro & Bar	17	Gateway Chinese Buffet	13
Agrarian Ales	17	Giant Burger	12
Aiyara Thai Café	19	GJ's Family Restaurant	11
Al Taglio	18	Glenwood Restaurants	12
Albee's N.Y. Dogs	15	Golden Orient	14
Albee's N.Y. Gyros	17	Good Times Café	11
Alder St. Fish Co.	19	Goody's Chocolate, Candy & Ice Cream	19
Allann Bros. Beanery Coffeehouse	14	Govinda's Vegetarian Buffet	19
Ambrosia Restaurant & Bar	16	Great Harvest Bread Company	12
American Dream Pizza	18	Great Wall Restaurant	14
Anatolia, Popp's	16	Greek Paradise	17
Angkor Cambodian Café	19	Grill Town	17
Aomatsu Japanese Restaurant	16	Grit Kitchen	18
Ax Billy Grill & Sports Bar	11	Growler USA	17
Axe & Fiddle	17	Handlebar	18
B2 Wine Bar	17	Hard Knocks Brewing	17
Backstage Bakery & Café	12	Heritage Family Restaurant	11
Bacon Nation	15	Hideaway Bakery	12
Bagel Sphere	12	Highlands Pub	11
Bai Khao Thai	19	Hodgepodge	18
Baker Butcher	18	Hole In The Wall	12
Bangkok Grill	15	Hometown Buffet	11
Barry's Espresso Bakery & Deli	14	Hong Kong Restaurant	14
Bates Steakhouse & Saloon	19	Hop Valley Brewing Company	17
Beer garden	17	Horsehead Bar	11
Belly	14	Hot Mama's Wings	11
Belly Taqueria	17	House Of Chen	14
Beppe & Gianni's Trattoria	16	India House	15
Bier Stein	17	Taste Of India	16
Big River Restaurant & Bar	18	Interzone	14
Big Stuff Bbq	12	I Scream For Waffles	15
Big Town Hero	14	Jackalope Lounge	11
Billy Mac's	11	Jack Sprats	11
BJ's Pizza & Grill	11	Jade Garden	14
Brails Restaurant	12	Jade Palace	14
Bricks Artisan Burgers	12	Jail	18
Broadway	11	Jalisco Mexican Restaurant	17
Bruno's Chef's Kitchen	16	Jazzie's Deli	14
Buddy's Diner	11	Jiffy Market Wine & Deli	14
Buffalo Wild Wings	11	Jimmy John's Gourmet	15
Burgers On The Run	12	Jimmy Mac's Overtime Grill	11
Burrito Amigos	17	Johnny Ocean's Grille	17
Burrito Boy Taqueria	17	Jung's Mongolian Grill	16
Cafe 440	18	Kalani's	15
Café Glendi	17	Kamitori Masa's Kitchen & Bakery	16
Café Seoul	13	Killer Burger	12
Café Siena	12	Kim Hoa's Kitchen	14
Café Soriah	17	King Estate Restaurant & Wine Bar	18
Café Yumm!	18	King Tin	14
Capella Market Deli	14	Koho Bistro	16
Cart De Frisco	15	Kona Cafe Hawaiian Barbecue & Catering	12
Caspian Mediterranean Restaurant	17	Korea House	17
Cedar Creek Meats & Provisions	14	Korean Chingu-Burger Lovers	12
Centennial Steakhouse	19	Kowloon Restaurant	14
Chachi's Burritos	17	Kun Fusion	15
Chao Pra Ya Thai Cuisine	19	Kung Fu Bistro	14
Chapala Mexican Restaurant	17	La Oficina	17
Cheba Hut "Toasted" Subs	11	La Perla	18
Chef Becky	18	Las Morenas	17
Chelita's Taqueria & Restaurant	17	Laughing Planet	19
Chicken Bonz	11	Lavelle Vineyards Wine Bar & Grille	18
China Seas	13	Le Cafe Maison	12
Chipotle Mexican Grill	17	Leela's Kitchen	16
Chocolate Decadence	19	Le Petit Gourmet Bakery	12
Ciao Pizza	18	Little Big Burger	12
Cirocco's Pizza	18	Little Caesar's Pizza	18
Cloffelter's Pub	12	Loft At Turtles	11
Coalesce Juicery & Whole Foods Kitchen	15	Lonches To Go	15
Coburg Pizza Company	18	Los Dos Amigos Hacienda	17
Coffee Plant Roasters	14	Los Faroles Taqueria	17
Coldfire Brewing Company	17	Lotto Garden Vegetarian Restaurant	19
Comforts Mobile Cuisine	15	Lulu's Smoothies	15
Conscious Confections	12	Mac's At The Vet's Club	18
Conway's Restaurant & Lounge	11	Magenta Restaurant & Catering	18
Cookies Cookies	12	Makoto Japanese Restaurant	16
Cooler Restaurant And Bar	11	Mama Mayra's Kitchen	15
Cornbread Cafe	19	Mame	16
Cornucopia Bar & Burgers	11	Mangiano's Pizzaria	18
Country Inn Event Center By Cravings	12	Manola's Thai Cuisine	19
Countryside Pizza & Grill	11	Maple Garden	14
Cousin Jack's Pasty Company	15	Marche & Le Bar	18
Crazy Curry	16	Marche Museum Cafe	18
Creswell Coffee Company	14	Marche Provisions	12
Crowbar...	18	Maru Asian Tapas Bar & Lounge	16
Crumb Together	12	Masala	15
Crystal's King of Falafel Cuisine & Cafe	16	Master Donuts	12
Cush	14	Mazzi's Italian Food	16
Daily Bagel	12	McGrath's Fish House	19
Da Nang Vietnamese Eatery	15	McMenamin's High Street Brewery & Café	17
Dana's Cheesecake Bakery	15	McMenamin's In Corvallis	17
David Minor Theater & Pub	11	McMenamin's North Bank	17
Davis Restaurant & Bar	18	McShane's Bar And Grill	11
Delis First Alternative Co-Op	14	Membrillo Latin Cafe	17
Dickie Jo's	12	Memo's	17
Divine Cupcake	12	Metropol Bakery	12
DIY Tea & Beyond	12	Mezza Luna Pizzeria	18
Doc's Pad	11	Milky Way Tea & Bagels	12
Don Juan's Family Mexican Restaurant	17	Mio Sushi	16
Dos Banderas	17	Miso	16
Dough Co	16	Mi Tierra	17
Doug's Place Catering	11	Moe's Tavern	12
Duck Inn Bar & Grill	11	Mohawk Tavern	11
East Meets West	13	Mom's Pies	12
Edible Improv	15	Morning Glory Café	12
El Charro	17	Mother Shit Food Cart	15
Elegant Elephant Baking Co.	12	Mucho Gusto Mexican Kitchen	17
El Jarro Azul	17	Nana's Caffe	14
Elk Horn Brewery	17	Natalia & Cristoforo's Italian Deli	16
El Kora	17	Navarro's Latin Creole Kitchen	15
El Pato Verde Taqueria	17	Nearly Normal's Gonzo Cuisine	19
El Sol De Mexico	17	New Day Bakery	12
El Super Burrito	17	Newman's Fish Company	19
El Tapatio Restaurant	17	Newman's Fish Grotto	19
El Torito Restaurant	17	Nice Rice	15
Embers	11	Nirvana	16
Empire Buffet	13	Noisette Pastry Kitchen	12
Whole Enchilada	16	Noli Restaurante Italiano	16
Eugene Wine Cellars	18	Noodle Bowl	17
Euphoria Chocolate Company	19	Noodle Head	14
Evergreen Indian Cuisine	16	Noodle N Thai Restaurant	19
Excelsior Inn	16	Novak's Hungarian Restaurant & Catering	16
Falling Sky Brewing House	11	Novella Café	12
Falling Sky's Pour House Delicatessen	14	Ocean Sky	14
Family Homesteader	15	Off The Waffle	16
Far Man Restaurant	13	Old Pad	11
Fathoms...	18	Old World Deli	14
Fin's Drive In	11	Olive Garden	16
Fireworks Restaurant & Bar	18	Oolong Bar	13
Fisherman's Market	19	Original Pancake House	11
Five Guys Burgers & Fries	12	Original Roadhouse Grill	19

AVERAGE ENTRÉE PRICE FOR ONE PERSON \$ UNDER \$7, \$\$ \$7 TO UNDER \$12, \$\$\$ \$12-\$17, \$\$\$\$ OVER \$17  
 SERVES: OG 95% OR MORE ORGANIC FOODS, SOME OG ORGANIC FOODS, LG LOCALLY GROWN FOODS  
 CREDIT CARDS: AE AMERICAN EXPRESS, D DISCOVER, DC DINER'S CLUB, MC MASTERCARD, V VISA

# RESTAURANT *Chow!* LISTINGS

## American

### ADDI'S DINER

20 S. A St., Spfd. 747-9482.

Breakfast: platter-sized pancakes, biscuits & gravy, fresh grated potatoes, homemade muffins & rolls. Lunch: homemade soups, cornbread, old-fashioned hamburgers, fresh-cut potato skins. Breakfast served all day. 4am-2pm W-Su. All major cards. \$.

### AK BILLY GRILL & SPORTS BAR

999 Willamette St. (third floor, Downtown Athletic Club Bldg.), 484-4011.

Serving lunch & dinner: American grill-style cuisine prepared in unique wood-burning oven. Vegetarian entrees. Wine, beer, microbrews, full bar. Reservations. Open to the public. Some OG/LG. Wheelchair accessible. Lunch 11:30am-2pm M-F, dinner 5-9pm Tu-Th, 5-10pm F & Sa. Sports Bar 11:30am-10pm M-F, 5-10pm Sa. MC/V/AE/D. \$\$\$\$.

### BILLY MAC'S

605 W. 19th Ave. 687-5722.

billymacgrill.com

Chef Bill's signature items: Poulet grille, whiskey cured prime ribs (F & Sa only), chicken picata, Indian baked beans, cheese soup, Grandma's rolls & more. Local beer & wines, full bar. 3pm-9pm M-Th, 3-10pm F-Sa. All major cards. \$\$\$.

### BJS PIZZA & GRILL

1600 Coburg Rd. 342-6111.

Serving lunch, dinner: Specialty salads, pastas, ribs, Chicago-style pizza, hamburgers, sandwiches, desserts, vegetarian entrees. Wine, handcrafted beers. Take-out & delivery. 11am-midnight Su-Th, 11am-1am F-Sa. MC/V/AE. \$\$\$.

### BLACK FOREST

50 E. 11th Ave. 686-6679.

Serving breakfast, lunch & dinner until 2am; \$3 happy hour menu featuring burgers, brats, wraps & more. Full breakfast menu all day every day. Entertainment includes sports night (Mo), NHL, karaoke (Mo & We), open mic (Tu), live music Th-Sa, video game tourney (Su), all Duck games, Monday Night Football & more. 11am-2:30am daily. All major cards. \$.

### \* BEST PLACE TO SING KARAOKE

### BLIND PIG

2500 Roosevelt Blvd. 461-2018.

Step back in time to the Prohibition era, when service came w/a smile cocktails were classic & dining was "The Cat's Meow." The food is made fresh & delicious w/daily chef specials & a regular menu of delicious appetizers & signature burgers, sandwiches & more. Famous for our Original Pork Tenderloin Sandwich & In-House Smoked Salmon Chowder. Take-out welcome! Be sure & check in on the outstanding breakfast specials. Open at 6:30am, 7 days a week to make breakfast easy for you to enjoy! Offering a full bar, micros, covered smoking deck, big screen TVs, pool & darts. 6:30am-2:30am every day. V/MC. \$\$.

### BONANZA DRIVE-UP

505 Hwy 99 S., Cottage Grove. 942-4188.

facebook.com/bonanzadriveup

Serving 1/2 to 2 lb. hamburgers for more than 40 years. Ice cream, milkshakes, cyclones, sandwiches & soups. Same local quality, same friendly service. All lottery games. Vegetarian options. 10:30am-9pm M-Th, 10:30am-9:30pm F & Sa, 11:30am-8:30pm Su. V/MC. \$.

### BROADWAY

17 Oakway Ctr. 685-0790.

Serving seasonal soups, appetizers & cheese plates. Wine by the case, bottle or glass. Draft beer. Wheelchair accessible. 10am-8pm M-Th, 10am-10pm F, 10am-8pm Sa, noon-5pm Su. MCV. \$\$.

### BUDDY'S DINER

1725 Coburg Rd. 344-6583.

Serving breakfast, lunch, dinner: Hamburgers, Gardenburgers, grilled chicken dishes & sandwiches, Philly sandwiches, ribs, meatloaf & chicken dinners, soups, salads, desserts, milkshakes. Take-out. Wheelchair accessible. 7am-9pm Su-Th, 7am-10pm F-Sa. MCV/AE/D. \$\$.

### BUFFALO WILD WINGS

2770 Gateway St. 393-6606.

buffowlwildwings.com

Wings, beer, sports & Americana-style grill cuisine. 16 signature sauces & five dry rubs. 36 of the finest local brews on tap. Free wi-fi & Buzztime Trivia.

11am-midnight W & Th, 11am-midnight M & W, 11am-2am F & Sa, 11am-10:30pm Su. V/MC. \$\$.

### CALAPOOIA BREWING CO.

140 Hill St. NE, Albany. 928-1931.

calapoobiabrewing.com

Mid-Ya'll's premier craft brewery, winner of the 2014 Top of the Valley Award for Best Microbrewery & Best PubBar, w/15 handcrafted beers on tap & tuiy, unique burgers. Located on Albany's waterfront. Live local music three nights a week. Vegetarian entrees. 11:30am-9pm Su-W, 11:30am-1pm Th, 11:30am-12pm F-Sa. Kitchen closes about one hour earlier each night. MCV. \$\$.

### CHEBA HUT "TOASTED" SUBS

339 E. 11th Ave. 653-9827.

### CHICKEN BONZ

1815 Pioneer Pkwy. East, Spfd. 726-0111.

Serving lunch, dinner: fresh buffalo-style wings, hand-breaded chicken tenders in a choice of mild, medium, hot, damn hot, honey barbecue & teriyaki. Sandwiches & salad bar. All-you-can-eat wings & \$1 Budweiser every day. LG. Wheelchair accessible. 11am-8:30pm Su-W, 11am-9pm Th-Sa. MCV. \$\$.

### CLOUD & KELLY'S

126 SW 1st, Corvallis. 753-9900.

Located in the heart of the downtown Corvallis waterfront park, Cloud & Kelly's has hearty Irish pub fare, delicious homemade farm-to-table daily specials and \$5 kids' meals. 11:30am-10pm S-Th, 11:30am-midnight F & Sa. All major cards. \$\$\$.

### CONWAY'S RESTAURANT & LOUNGE

5658 Main St., Spfd. 741-6897.

Serving breakfast, lunch, dinner: Sandwiches, burgers, fish & chips, pitas, appetizers, vegetarian entrees & daily specials. Take-out. Full bar, including local wine & brews. 15-foot big screen TV. Pool & Oregon lottery keno. Happy hour 4-7pm Mo-Fr. & all day Su. 6am-2:30am daily. Minors welcome until 4pm. MCV/AE. \$\$.

### COOLER RESTAURANT & BAR

20 Centennial Loop. 484-4355.

Serving breakfast until 4pm, lunch & dinner all hours. Specialty sandwiches, prime rib dip, Kobe beef burger, fish & chips, wraps, salads, appetizers, vegetarian entrees & daily specials. Take-out. Full bar, including local wine & brews. 15-foot big screen TV. Pool & Oregon lottery keno. Happy hour 4-7pm Mo-Fr. & all day Su. 6am-2:30am daily. Minors welcome until 4pm. MCV/AE. \$\$.

### DONUG'S PLACE CATERING

86742 McVay Hwy. 988-1828.

dougs Catering.com

Offers casual affordable catering services. Drop-off catering available for business lunches, training seminars & club meetings. Full service catering available for weddings, rehearsal dinners, company picnics, birthdays, tailgaters, school reunions, family reunions, craft services & more. Email dougsCatering@gmail.com for free price quotes. Some OG/LG. 7am-8pm M-F, 8am-7pm Sa, 11am-6pm Su. V/MC/AE. \$\$.

### CORNUCOPIA BAR & BURGERS

5th & Pearl. 485-2676.

295 W. 17th Ave. 485-2300.

Serving lunch, dinner & full late-night menu. Homemade soups & salads, much more. Take-out. Indoor & outdoor seating. Extensive menu. Full bar. Local flavor. Live music Fr & Sa. nights. Some OG/LG. Wheelchair accessible. 11am-2:30am daily. All major cards. \$\$\$.

### \* BEST BURGER, BEST COMFORT FOOD (3RD)

### COUNTRYSIDE PIZZA & GRILL

645 River Rd. 463-7632.

Serving breakfast, lunch, dinner. Daily specials, steaks, seafood, pasta, calzone & pizza. Full bar. Take-out. Some OG. Wheelchair accessible. 7am-2am F-Sa. V/MC. \$\$.

### DARRELL'S RESTAURANT & LOUNGE

2200 NW 9th St., Corvallis. 752-6364.

Serving breakfast, lunch & dinner, full bar. 6am-2am M-Sa, 6am-1pm Su. V/MC. \$\$.

### DAVID MINOR THEATER & PUB

180 E. 5th Ave. 762-1700.

davidminortheater.com

Serving an assortment of burgers (from Cornucopia), Phillips, salads, veggie options & bar food, including Cafe Lucky Noodle's mac 'n' cheese. Local beers on tap. No minors. \$\$\$.

### DOC'S PAD GREEN ROOM

710 Willamette St. 343-0224.

Downtown premier restaurant & sports lounge serving breakfast all day, gourmet burgers & sandwiches, wraps & salads. Sports all the time w/all sports packages including UFC, pay-per-view fights. Mug night (Mon), Karaoke (Tue), Wake Up Wed. (Redbull specials), Comedy in the Green Room (Thu), Comedy Bingo Night at Doc's (Fri), DJ & dancing in the Green Room (Thu, Fri, Sat). Delicious food, not your typical bar food. Minors welcome until 8pm. 11am-2:30am daily. All major cards. \$\$\$.

### DOUG'S PLACE CATERING

86742 McVay Hwy. 988-1828.

dougs Catering.com

Offers casual affordable catering services. Drop-off catering available for business lunches, training seminars & club meetings. Full service catering available for weddings, rehearsal dinners, company picnics, birthdays, tailgaters, school reunions, family reunions, craft services & more. Email dougsCatering@gmail.com for free price quotes. Some OG/LG. 7am-8pm M-F, 8am-7pm Sa, 11am-6pm Su. V/MC/AE. \$\$.

### DOWNTOWN DOG

130 SW 1st, Corvallis. 753-9900.

Located in the heart of the downtown Corvallis waterfront park. A cozy local watering hole specializing in handcrafted cocktails, combined with hand-made, slow-cooked comfort food & local microbrews. Vegetarian entrees. Some OG/LG. 4pm-1am M-S, 4pm-2am Th-Sa. All major cards. \$\$\$.

### DUCK INN BAR & GRILL

1795 W. 6th Ave. 302-9206.

Serving breakfast, lunch, dinner: Burgers, sandwiches, steaks. Full bar, local brews, nightly special events. 10am-2:30am daily. All major cards. \$\$\$.

### HERITAGE FAMILY RESTAURANT

1414 Mohawk Blvd., Spfd. 726-1129.

### HIGHLANDS PUB

390 E. 4th Ave. 485-4304.

Serving lunch & dinner, appetizers to full entrées. Breakfast served until 2pm on the weekends.

Brunch served until 4pm on the weekends.

Featuring 32 microbrews on tap, wine, full bar, five pool tables, ping pong, darts, pinball & classic

### GRIDIRON SPORTS BAR & GRILL

262 Smith St., Harrisburg 995-5051

facebook.com/gridirontransportbar

Serving burgers, sandwiches, baskets & entrees, appetizers, salads, soups, breakfast served 8am-2pm M-Sa & Su, kid friendly til 8pm, take-out. 11am-12am M-Th, 11am-2:30am F, 8am-2:30am Sa, 8am-12am Su. \$.

### GOOD TIMES CAFÉ

375 E. 7th Ave. 484-7181.

Serving breakfast, lunch, dinner: Hamburgers, veggie burgers, chicken sandwich, daily specials, vegetarian entrees, soups, salads. Wine, beer, 36 taps including 26 microbrews. Take-out. LG. 11am-2:30am daily, breakfast 11am-5pm Sa & Su. V/MC. \$.

### GJ'S FAMILY RESTAURANT

1563 W. 6th Ave. 686-6666.

Serving a great selection of breakfast & lunch dishes, specials. 7am-1:45pm Tu-Sa, 8am-1:45pm Su. All major cards. \$\$\$.

### GOD TIMES CAFÉ

375 E. 7th Ave. 484-7181.

Serving breakfast, lunch, dinner: Hamburgers, veggie burgers, chicken sandwich, daily specials, vegetarian entrees, soups, salads. Wine, beer, 36 taps including 26 microbrews. Take-out. LG. 11am-2:30am daily, breakfast 11am-5pm Sa & Su. V/MC. \$.

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## Word is

There's a new Japanese-style pub in town called **Izakaya Ozazi** (no relation to Izakaya Meiji) in the building formerly occupied by Granary Pizza Co. at 259 E. 5th Avenue in downtown Eugene. The menu presents a variety of tapas-style choices, from calamari to beef short ribs, accompanied by a full drink menu. The restaurant doesn't appear to have a website yet, but we hope it hooks into the social media scene soon.

day. Full bar. Take-out, lottery games, outdoor patio. West Eugene's friendly, local bar. LG. Wheelchair accessible. 9am-2:30am M-Sa, 9am-midnight Su. MC/V. \$.

### SHARI'S RESTAURANT

2950 W. 11th Ave. 344-1155.  
35 Division Ave. 689-2688.

900 Belltower Rd., Spfd. 741-6044.

1807 Pioneer Pkwy., Spfd. 747-8515.

Serving breakfast, lunch, dinner: Skillet breakfasts, omelettes, sandwiches, pasta, Gardenburgers, variety of salads, home-style dinners, ice cream & pies. Children's menu. Senior menu. Special menu on Duck game days. Take-out. 24 hours, daily. Open all holidays. All major cards. \$\$.

### SIDELINES GRILL & SPORTS BAR

77 W. Broadway. 654-4690.

BBO pub menu featuring beef brisket, mac & cheese & standard pub grub, blending with a hang-out atmosphere. Plenty of TVs & a great downtown location to watch the game. 11am-midnight daily. \$\$.

### SPYCE GENTLEMEN'S CLUB

1195 Main St., Spfd. 729-8068.

spyceclub.com

A 5-star menu at a working man's price. All soups & sauces made from scratch, hand-cut meats, fresh sea food. Vegetarian options. 11pm-2:30am M-Sa, 6pm-2:30am Su. All major cards. \$\$.

### SQUIRREL'S TAVERN

100 SW 2nd, Corvallis. 753-8057.  
Serving lunch & dinner, full bar. 11:30am-1am M-Th, 11am-1:30am Sa, 5pm-midnight Su. No cards. \$\$.

### STEELHEAD BREWERY & CAFÉ

199 E. 5th Ave. 686-2739.

Serving lunch, dinner: Calzones, pizza, hamburgers, sandwiches, pastas, breads, soups, vegetarian entrées, salads. Wine, full bar, homebrewed root beer & beers. Take-out. 11:30am-10pm M-Th, 11:30am-11pm F-Sa, 9am-10pm Su. MC/V/AE/D. \$\$.

### STUDIO ONE CAFÉ

1473 E. 19th Ave. 342-8596.

Serving breakfast, lunch, dinner. Fish & chips, prime rib, homemade pasta, soups, big salads, 1/2 pound Fulton beef burgers, French dip, Malibu chicken, Philly steaks. Full bar w/specialty drinks & drink specials. Pool leagues, shuffleboard teams. Happy hour 4pm-7pm. Some LG. Wheelchair accessible. 10:30am-2:30am daily. MC/V. \$\$.

### TAYLOR'S BAR & GRILL

894 E. 13th Ave. 344-6774.

Serving breakfast, lunch, dinner. Fish & chips, prime rib, homemade pasta, soups, big salads, 1/2 pound Fulton beef burgers, French dip, Malibu chicken, Philly steaks. Full bar w/specialty drinks & drink specials. Pool leagues, shuffleboard teams. Happy hour 4pm-7pm. Some LG. Wheelchair accessible. 10:30am-2:30am daily. MC/V. \$\$.

### TOMMY'S 4TH STREET BAR & GRILL

350 SW 4th St., Corvallis. 754-7622.

Serving great breakfast, lunch & dinner. Full bar & lounge open late on weekends. Some OG/LG. Smoking. 6am-2am daily. All major cards. \$\$\$.

### TOXIC WINGS & FRIES

943 River Rd. 689-9464.

Wings, burgers & fries. 11:30am-8pm M-Sa.

### TURTLES BAR & GRILL

2690 Willamette St. 465-9038.

Menu w/wide variety: home-cooked comfort food, specializing in free-range meats & wild seafoods. Generous portions, family dining atmosphere & full bar w/mouth-watering specialty drinks, local beers, ciders & wines. Happy hour 3-6pm daily. Bunch Sat & Sun 11am-3pm. Daily food & drink specials 3-5pm daily. Some OG/LG. Wheelchair accessible. 11am-1pm daily. All cards. \$\$.

### WAYWARD LAMB

150 W. Broadway. 654-5106.

Eugene's queer destination. 11:30am-2:30am M-Sa, 11:30am-midnight Su. \$.

### \* BEST BAR, BEST HAPPY HOUR (2ND), BEST NEW BUSINESS

### WETLANDS BREW PUB & SPORTS BAR

922 Garfield St. 345-3606.  
Serving breakfast, lunch & dinner. Vegetarian entrées, wine, 50 beers on tap, 9 pool tables, two big screen TVs, 10 27" TVs, two full bars. Take-out. Some OG/LG. 7am-2:30am daily. V/MC. \$\$\$.

## Bakeries

### BACKSTAGE BAKERY & CAFÉ

25 S. 7th, Cottage Grove. 767-0233.  
Backstage to the Axe & Fiddle pub & connected to Kalapuya Books in the historic Burkholder Woods Building. Usually some vegetarian entrées. Salad specials. Some OG/LG. 6am-3pm M-W & F-Sa, 6am-6pm Th. No cards. \$\$.

### BOB'S DONUTS

977 Garfield St. #8. 344-0067.

Serving breakfast & lunch: Donuts, hot dogs, sandwiches, soup, chili, salad, coffee, cold drinks. Open daily until 3pm. MC/V. \$\$.

### CONSCIOUS CONNECTIONS

1290 W. 7th Ave. 337-2922.

Bakery located inside Cornbread Café, serving baked goods made w/organic ingredients, all vegan & mostly gluten-free, special orders & wholesale available. 11:30am-2pm & 5-8pm Tu-Sa. Cash/checks only. \$.

### COOKIES COOKIES

3081 W. 11th Ave. 683-3444.

Cookies & bars handmade from scratch & decorated. Root beer floats & shakes available in summer. Custom orders available, cutouts to boot-sizes. Delivery available. 12-6pm M-F, 2-7pm Sa. MC/V/AE/D. \$\$.

### CRESWELL BAKERY

182 S. 2nd St., Creswell.

895-5885. creswellbakery.com  
From scratch bakery serving breakfast & lunch w/ some of our own farm-raised meats. Wood-fired pizzas on Fridays from 4-7pm (summer months only). Bakery items include sourdough breads, pastries, cakes & cookies. 7am-7pm Tu-Sa. Cash, check & all credit cards accepted. \$\$.

### CRUMB TOGETHER

980 Oak St. 505-2199.

crumbtogether.com  
Serving cookies, muffins, coffee & espresso drinks. 9am-5:30pm M-F, 10am-3pm Sa. Closed Sundays & holidays. \$.

### DAILY BAGEL

4770 Village Plaza Loop. 431-5700.

daily-bagel.com  
Serving breakfast, brunch & lunch: Bagels, breakfast & deli sandwiches, pastries & desserts. Smoothies, vegetarian entrées, salads, soups, gourmet coffee. Bagels baked fresh daily! Wheelchair accessible. 6am-4pm M-F, 7am-4pm Sa, 8am-3pm Su. All major cards. \$.

### DIVINE CUPCAKE

338 Q St., Spfd. 543-5757.

divinecupcake.com  
Serving a wide array of vegan, organic cupcakes. Gluten-, wheat-, sugar- & soy-free versions available. Flavors range from classic chocolate to the peanut curry Thai Me Up cupcake. Order online any time! \$.

### ELEGANT ELEPHANT BAKING CO.

150 Shelton-McMurphy Blvd.

elegantelephantbaking.com  
"Gluten-free is all we do. We aim to be the very best!" Food truck is open at this location on Tuesdays & Fridays. Offering allergy-friendly pastries, breads & hot drinks. 10am-3pm Tu & F. \$.

### GREAT HARVEST BREAD COMPANY

2564 Willamette St. 345-5398.

Serving fresh, organic whole grain breads & sweets: muffins, cookies, scones, cinnamon rolls &

coffee. Free slices of warm bread & samples all day. Some OG. 7am-6pm M-F, 7am-5:30pm Sa. All major cards. \$.

### HIDEAWAY BAKERY

3377 E. Amazon (behind Mazi's). 868-1982.

Organic artisan breads made in a wood-fired brick oven. Local farm ingredients used in breads & pastries. Organic coffee & espresso. Breakfast sandwiches available from 8am-11am weekdays & 8am-noon weekends. Bistro-style lunch served from 11am daily. 7am-6pm M-Sa, 7am-4pm Su. \$.

### \* BEST BAKERY (2ND)

### LE CAFE MAISON

488 Willamette St. 221-9008.

facebook.com/lecafemaisonshortbread.  
Small artisan bakery that specializes in making exquisite shortbread along with other pastries. Provides organic coffee drinks. Ofer food items include cornish pastries & chicken croissant sandwiches. Located in a 1903 historic building that provides a warm & inviting atmosphere. 8:30am-5:30pm M-F, 10am-4pm Sa, 7am-4pm Su. \$.

### \* BEST BAKERY (2ND)

### MARCHE PROVISIONS MARKET HALL

296 E. 5th Ave. (5th St. Market) 743-0660.

Espresso, pastries, artisan breads, cakes, confectios, homemade ice cream, deli sandwiches, pizza by the slice & whole, salad bar, salami, wine bar, draught beer, take-out. 8am-7pm M-Sa, 9am-5pm Su. All major cards. \$.

### \* BEST BAKERY (2ND)

### METROPOL BAKERY

2538 Willamette St. 465-4730.

Serving European-inspired tortes, cakes, ples & tarts, mousse, crèmes & all-butter croissants, Danishes & scones. Dell sandwiches featuring heart-baked artisan breads: chicken salad, hearty & housemade soups, chicken pot pie & three cheese macaroni & cheese. Full espresso bar. 7am-7pm M-Sa, 8am-6pm Su. \$.

### \* BEST DESSERTS (3RD)

### MOM'S PIES

1133 Willamette St. 484-6667.

Hand-rolled pies, sandwiches on Dave's Killer Bread, homemade soups. Breakfast all day. 8am-3pm M-F, 10am-5pm Sa. D/V/MC. \$.

### MORNING GLORY CAFE

See Cafes

### NEW MORNING BAKERY

See Cafes

### NOISETTE PASTRY KITCHEN

200 W. Broadway. 654-5257.

European-influenced, ingredient-driven, pastry cafe using local & seasonal ingredients. Hand-crafted sweet & savory pastries, cakes & cookies. Hearty sandwiches & healthy salads. Gluten-free options. Beer & wine by the glass, bottle or to go. Outdoor seating. Catering, private parties, wedding cakes. 8am-7pm Tu-Sa, 8am-8pm Fr-Su. All major cards. \$.

### \* BEST DESSERTS (2ND), BEST BAKERY (3RD)

### PALACE BAKERY

844 Pearl St. 484-2435.

Offering hand crafted confections, hot soup & house-made sandwiches daily. Palace quiche, special order creations available. Vegetarian options available. Proudly offering Full City coffee. 7:30am-5:30pm M-Sa, 7:30am-2:30pm Su. MC/V. \$.

### SWEET LIFE PÂTISSERIE

755 Monroe St. 683-5676.

Serving decadent desserts, morning pastries, éclairs, tarts, cheesecakes, pies, cookies, bars, brownies, sorbetto, gelato, Coconut Bliss, savories & holiday specialties. Many egg, dairy & animal-product-free alternatives. Some OG. Wheelchair accessible. 7am-1pm M-F, 8am-1pm Sa & Su. MC/V/D. \$.

### \* BEST BAKERY, BEST DESSERTS

### TAYLOR STREET OVENS

1025 NW 9th St., Corvallis. 757-0166.

Serving bagels, coffee drinks & more. 7am-7pm M-F, 7am-2pm Sa. All major cards. \$.

### \* BEST BAR, BEST HAPPY HOUR (2ND), BEST NEW BUSINESS

### TRACK TOWN PIZZA

2564 Willamette St. 345-5398.

Serving fresh, organic whole grain breads & sweets: muffins, cookies, scones, cinnamon rolls &

### VOODOO DOUGHNUT, TRES

20 E. Broadway. 868-8666.

voodoodoughnut.com  
Open 24 hours Th-Su, 6am-midnight M-W. Serving hand-made doughnuts, "hot coffee & other beverages. Featuring Eugene Cream, Memphis Mafia, Marshall Mathers, Voodoo "Doll" Doughnut & more. Known for its unusual doughnuts, eclectic decor & iconic pink boxes. Are you up for the Tex-Ass challenge? \$\$\$.

### Barbecue

### BIG STUFF BBQ

733 E. Main St., Cottage Grove. 942-3999.

Serving lunch, dinner: Authentic, slow-smoked BBQ w/choice of brisket, pork shoulder, chicken, ham, hot links & ribs & choice of homemade side dishes. Family-friendly atmosphere. Catering for 40-400 people. 11am-8pm Tu-Sa. MC/V. \$.

### \* BEST BBQ (3RD)

### BILL & TIM'S BBQ

201 E. 13th Ave. 654-0578.

### \* BEST BBQ (3RD)

### HOLE IN THE WALL

3200 W. 11th Ave. 683-7378.

1807 Olympic St., Spfd. 726-1200.  
Serving lunch & dinner: Smoked brisket of beef w/Bullwacker sauce, hand-shredded barbecue pork & smoked turkey breast sandwiches, pork ribs, chicken, award-winning chili, barbecue beans, coleslaw, potato salad, Beer. Full service lounge at Spfd. location. Take-out. Some OG/LG. Eugene: 11am-8pm M-Sa. Spfd.: 11am-8pm M-T, 11am-9pm Su. MC/V. \$.

### \* BEST BBQ (2ND)

### BILL & TIM'S BBQ

201 E. 13th Ave. 654-0578.

**OOLONG BAR**

1607 E. 19th Ave.  
Bubble tea, hot tea & iced tea, w/a few food offerings. 10am-8pm Tu-Th, 10am-10pm F-Sa, 10am-8pm Su. \$.

**PARK STREET CAFÉ**

776 W. Park St. 485-2089.  
Organic breakfast & lunch all day. Eggs, tempeh, French toast, specialty sandwiches, salads, daily ethnic entrées, homemade soups. Vegan & wheat-free baked goods. Special food needs & kids welcome. Locally owned & operated. Some OG/LG. Wheelchair accessible. 9:01am-2:59pm M-Sa. MC/V/AE/DC. \$\$\$.

**PUMP CAFÉ**

710 Main St., Spfd. 726-0622.  
Serving breakfast & lunch. Catering available. Standard breakfast & lunch menu featuring fresh baked pastries & homemade desserts. Fresh, homemade soups, salads, hot & cold sandwiches. Specialty breads. Daily specials. Take-out. Outside seating available. LG. Wheelchair accessible. 7am-3pm M-F; 8am-2pm Sa. MC/V/AE. \$\$.

**THE RABBIT HOLE TEA BAR**

240 E. 17th Ave. 654-0425.  
Authentic Chinese tea and Taiwanese bubble tea. 1-6pm daily. \$.

**SOUP NATION**

525 High St. 683-1999.  
[soupnationeugene.com](http://soupnationeugene.com)

Gourmet salads & sandwiches, free parking, full espresso bar, all-Oregon microbrew selection, house baked goods, snappy service. 9am-6pm M-F, 9am-4pm Sa. \$.

**SUNDIAL CAFÉ**

2435 Hilgard St. 636-3838.  
[sundialcafeeugene.com](http://sundialcafeeugene.com)

An all gluten-free restaurant in South Eugene. The menu offers an eclectic mix of American, Mexican & Italian inspired-fare. The brunch & breakfast cocktail menu on the weekend is a can't miss! 11am-9pm Tu-Th, 11am-10pm F, 7am-3:30pm Sa, 8am-3pm Su. All major cards. \$\$\$.

**SUNNYSIDE UP CAFE**

116 NW 3rd St., Corvallis. 758-3353.

Organic coffee, loose leaf teas, soup, salads, sandwiches, wraps, baked goodies, all-day breakfast w/organic eggs. Eclectic menu. Wheelchair accessible. Some OG/LG. 6am-3pm daily. MC/V. \$.

**TERESE'S PLACE**

650 Main St., Spfd. 747-1897.

Serving breakfast, lunch: Omelettes, sandwiches, vegetarian entrées, 4 soups daily, salads, espresso. Table service for breakfast; order lunch at counter, servers bring. Take-out. Catering. 6:30am-11am M-F. V/VMC. \$.

**TRES MIL BORDER CAFE**

296 E. 5th Ave., St. 203. 743-7286.

3,000 miles of flavor, from Tijuana to the tip of Florida. Coffee, agua frescas, breakfast all day. All made from scratch. 8am-7pm M-Sa, 8am-5pm Su. \$\$.

**VANILLA JILL'S SCOOPS & SOUPS**

460 Coburg Rd. (Coburg Station). 345-2466.  
298 Blair Blvd.

Whole foods for optimum health in a welcoming atmosphere. Local cider, mead, gluten-free IPA & kombucha on tap served amid sandwiches, soups, grass-fed ice cream & vegan treats. Paleo bakery & outdoor courtyard stage. Organic slow food & bone broth, paleo pizzas to go, frozen yogurt all inspired by Weston A. Price. 11am-9pm Su-W, 11am-10pm Th-Sa. MC/V. \$.

\* BEST FROZEN TREATS (3RD)

**WASHBURN CAFÉ**

326 Main St., Spfd. 746-7999.

Serving breakfast, lunch & espresso drinks, omelets, bagels, steel-cut oatmeal, panini, wraps, salads, homemade soups, fresh-baked goods, daily specials available, local wines & microbrews, free WiFi, large, private meeting rooms available. 7:30am-4pm M-F, 8am-4pm Sa, 8am-2pm Su. V/VMC. \$.

**WHOLESMORE CAFÉ**

125 E. 8th Ave. 685-1233.

Serving house-made specialties from hand-breaded chicken tenders, fresh-cut fries, savory soups & a daily special which provides variety to the menu. Casual dining experience w/a tranquil water feature to help escape the daily grind & outdoor seating. 9:30am-4pm Tu-Th, 9:30am-10pm F-Sa, 9:30am-3pm Su. \$.

**WORLD CAFÉ**

449 Blair Blvd. 485-1377.

Food from around the world: fajitas, pizza, calzones, soups & salads. Live music. 4pm-9pm daily, open late F & Sa. MC/V. \$.

**Chinese**

**221 BCE**

1301 Patterson St. 600-8905.

11am-9pm M-F, noon-9pm Sa-Su. Authentic Chinese cuisine from the region of Xi'an in China. \$\$.

**BLUE SKY CHINESE RESTAURANT**

1585 SW 53rd St., Corvallis. 752-7528.

Serving lunch & dinner, lunch specials daily. Wheelchair accessible. 11:30am-9:30pm M-Th, 11:30am-10pm F-Sa, noon-9:30pm Su. AE/MCV/DC. \$\$.

**CAFÉ SEOUL**

See Korean

**CHINA BLUE RESTAURANT**

5275 S.W. Philomath Blvd., Corvallis. 752-7528.

Serving lunch & dinner. 11am-9pm M-Th, 11am-10pm F-Sa, 11am-9pm Su. V/VMC. \$\$\$.

**CHINA DELIGHT**

325 NW 2nd St., Corvallis. 753-3753.

Serving lunch & dinner, specializing in Szechwan, Mandarin, traditional Chinese & vegetarian cuisine. Some OG. 11am-9pm Su-Th, 11am-9:30pm F-Sa. All major cards. \$\$.

**CHINA SEAS**

45-E. Division Ave. 688-4689.

11am-9pm M-F, noon-9pm Su. \$.

**EAST MEETS WEST**

830 E. 13th Ave. 686-8788.

**EMPIRE BUFFET**

1933 Franklin Blvd. 343-9966.

Serving lunch & dinner buffet, salad & dessert bar, wine, beer, full bar, sushi, Chinese favorites, teriyaki chicken, pot stickers. Senior discounts. 11am-9:30pm M-F, 11am-10:30pm Sa-Su. MC/V. \$\$.

**Far Man Restaurant**

3111 Gateway St., Spfd. 726-7311.

Serving lunch, dinner: Buffet & full menu; Cantonese, Mandarin, Szechuan, American; vegetarian entrées. Wine, beer, full bar. Reservations on weekends for larger parties. Take-out. Wheelchair accessible. 11am-10pm M-Th, 11am-11pm F-Sa, 11am-10pm Su. MC/V. \$\$\$.

**GATEWAY CHINESE BUFFET**

3198 Gateway St., Spfd. 726-2828.

Lunch, dinner: Chinese buffet w/40 plus hot items; BBQ pork, fried shrimp, pot stickers, teriyaki chicken, salad bar, dessert. Banquet room. Take-out. Children's prices, senior discounts available. LG. Wheelchair accessible. 11am-10pm daily. All major cards. \$\$.

**GOLDEN ORIENT**

2513 W. 11th Ave. 683-5469.

Serving lunch, dinner: Chinese, American; fresh vegetables, no MSG. Wine, beer. Reservations for larger parties. Take-out. LG. Wheelchair accessible. 11am-9:30pm M-Th, 11am-10:30pm F, noon-9:30pm Sa, closed Su. MC/V/AE. \$\$.

**GREAT WALL RESTAURANT**

862 Main St., Spfd. 726-9133.

Serving lunch, dinner: Cantonese, Szechwan, American; vegetarian dishes; no MSG on request; lunch specials daily. Wine, beer, cocktails. Take-out. 10:30am-10:30pm M-Sa, non-10pm Su. MC/V. \$\$\$.

**HONG KONG RESTAURANT**

1799 Willamette St. 342-7450.

Serving lunch, dinner: Cantonese, American; sandwiches; vegetarian entrées. Wine, beer. Reservations for parties. Take-out. Some OG/LG. 11am-9pm M-Th, 11am-10pm F, 4-10pm Sa. MC/V. \$\$.

# Looking for organic specialty ingredients?

**mountain rose herbs**

MountainRoseHerbs.com | 800 879 3337

Retail store opening in downtown Eugene Fall 2016!

NON-GMO VERIFIED

EUGENEWEEKLY.COM/CHOW

CHOW SUMMER 2016 13

# RESTAURANT *Chow!* LISTINGS

## HOUSE OF CHEN

1861 Franklin Blvd. 343-8888.  
Serving lunch, dinner: Elegant dining. Szechuan, Mandarin, Cantonese; seafood, chicken, duck, pork, beef, vegetarian entrées. Wine, beer, cocktails. Reservations for larger parties. Take-out. No checks. Some OG/LG. 11am-10pm daily. All major cards. \$\$\$-\$\$.

## JADE GARDEN

503 SW 3rd St., Corvallis. 752-7455.  
Lunch, dinner, orders to go, banquet facilities, lounge. 11am-9:30pm Su-Th, 11am-10:30pm F & Sa. V/MC. \$\$.

## JADE PALACE

906 W. 7th Ave. 344-9523.  
Now delivering. Serving lunch & dinner buffet w/ Thursday night vegetarian & Friday night seafood specials. Extended menu, no added MSG. Beer, wine, take-out. 11am-9pm Tu-Th, 11am-9pm F, 5pm-9pm Sa, noon-9pm Su. MC/V/D. \$\$.

## KIM HOA'S KITCHEN

1875 NW Circle Blvd., Corvallis. 754-9751.  
Serving lunch & dinner. 11am-9pm M-F, 11am-8pm Sa. V/MC. \$\$.

## KING TIN

1857 NW 9th St., Corvallis. 752-1722.  
Serving lunch & dinner. 11am-9:30pm Su-Th, 11am-10:30pm F-Sa. V/MC. \$\$.

## KOWLOON RESTAURANT

2222 MLK Blvd. 343-4734.  
Serving lunch, dinner: Special chow yuk, family dinners, vegetarian entrées. Wine, beer, microbrews, full bar. Delivery. Take-out. Some LG. Wheelchair accessible. Dining room 11:30am-midnight, daily. Delivery 11:30am-midnight Su-Th, 11:30am-2am F-Sa. MC/V/AE/D. \$\$\$-\$\$.

## KUNG FU BISTRO

2560 Willamette St. 968-9258.  
Authentic Chinese Sichuan restaurant. 11am-9:30pm W-M. \$\$-\$\$.

## \* BEST CHINESE

## LANZHOU CHINESE DISH

1099 Chambers St. 357-4245.  
Hot pot, traditional Chinese cuisine. 11am-10:30pm S-Th, 11am-11pm F-Sa. \$\$\$-\$\$.

## LEGEND OF SZECHUAN

207 E. 5th Ave. 246-8691.  
Flower tea, full dinner menu. 11am-9pm Su-Th, 11am-9:30pm F-Sa. \$\$\$-\$\$.

## LOK YAUN

2360 W. 11th Ave. 345-7448.  
Serving lunch, dinner: Cantonese, chicken, beef, teriyaki steak, shrimp, vegetarian dishes, no MSG. Wine, beer. Take-out. 11am-9pm M-Th, 11am-9:30pm F, noon-9pm Sa, noon-9pm Su. MC/V. \$\$.

## \* BEST CHINESE (3RD)

## LOTUS GARDEN VEGETARIAN RESTAURANT

See Vegetarian

## MAPLE GARDEN

1275 Alder St. 683-8128.  
Serving lunch, dinner: Mandarin, Szechuan, Cantonese: Lunch menu changes daily; Mandarin

chicken, shrimp chow fun, variety of Chinese meals. Reservations for large groups. Take-out. 11am-9pm M-F, noon-9pm Sa & Su. MC/V/AE/D. \$\$.

## NOODLE HEAD

880 E. 13th Ave. 762-1970.  
Your destination for new age Asian rice and noodle bowls. Located in the heart of UO campus, provides fresh ingredients at a fresh price. Delivery & catering available. 10am-8pm M-F, 11am-7pm Sa-Su. \$.

## OCEAN SKY

1601 Chambers St. 342-4848.  
Serving lunch, dinner: Szechuan, Hunan; extensive menu; vegetarian entrées. Wine, beer. Reservations for 6+. Take-out. 11am-9pm Su-Th, 11am-9:30pm F-Sa. MC/V/D. \$\$.

## P. F. CHANG'S CHINA BISTRO

124 Coburg Rd. (Oakway Center). 225-2015.  
Experience a unique combination of Chinese cuisine, attentive service, wine & tempting desserts, all served in a stylish, high-energy bistro. 11am-10pm daily.

## PANDA EXPRESS

Oregon State University, Corvallis. 737-6888.  
Serving lunch & dinner, Chinese cuisine for students & those on the go. 10am-8pm M-F, 11am-8pm Sa & Su. No cards. \$.

## PING'S GARDEN

1209 9th Ave., Albany. 967-7367.  
Serving lunch & dinner. 11am-10pm daily. V/MC. \$\$\$.

## SPRING GARDEN

215 Main St., Spfd. 726-8886.  
Serving lunch, dinner: Cantonese, Mandarin, American; vegetarian entrées. Service bar. Reservations for 8+. Separate smoking room. Take-out. Some OG. Wheelchair accessible. 11am-10pm M-F, noon-10pm Sa, noon-9pm Su. MC/V/AE. \$\$.

## TASTY CHONG QING RESTAURANT

485 E. Broadway. 484-9647.  
11am-9:30pm Tu-Sa, 11am-9pm Su. \$\$.

## TWIN DRAGON

919 River Rd. 688-5481.  
Serving lunch, dinner: Cantonese, Szechuan, Chinese, American; vegetarian entrées, salads. Reservations for 8+. Take-out. 11am-8pm Tu-Th, 11am-9pm F, noon-9pm Sa, noon-8pm Su. MC/V. \$\$\$.

## \* BEST CHINESE (3RD)

## Coffeehouses

### ALLANN BROS. BEANERY COFFEEHOUSE

152 W. 5th Ave. 342-3378.

2465 Hilyard St. 344-0221.

Serving Allann Bros coffee & espresso, deli & grilled panini sandwiches, fresh entrées, pastries & desserts. Whole bean coffee, loose leaf premium tea, coffee/tea accessories. "Joe Box" coffee/tea to go & catering available. Wheelchair accessible. 5th St.: 6am-11pm M-Sa, 7am-1pm Su. Hilyard: 6am-8:30pm M-Sa, 7am-8:30pm Su. All major cards. \$.

### FULL CITY COFFEE ROASTERS

295 E. 13th Ave. 465-9270.

842 Pearl St. 344-0475. Coffeehouse for adults. Premium coffee by the cup & pound. Some OG/LG. Wheelchair accessible. Pearl St.: 5:30am-6pm M-F, 6:30am-6pm Sa, 7am-5pm, Su. High St.: 6am-6pm M-F, 7am-6pm Sa & Su. Some cards. \$.

### \* BEST COFFEE (3RD)

### INTERZONE

1563 NW Monroe, Corvallis. 754-5965.

Fresh pastries every morning, all-vegetarian soups, casseroles, vegan options. All-natural Monin Syrups, organic coffee & dairy. Serving breakfast weekends, huevos rancheros, tofu scrambles, omelettes & breakfast burritos. OG/LG. 7am-midnight M-F, 8am-midnight Sa-Su. MC/V. \$.

### THEO'S COFFEEHOUSE AT THE STRAND

199 W. 8th Ave. 344-6491.

Serving breakfast, lunch by Full City coffee & espresso, pastries, chocolates, oatmeal, croissant breakfast sandwiches, rice bowls & more. 6am-9pm M-F, 9am-9pm Sa, 9am-1pm Su. V/MC/D. \$.

### TOWNSHEND'S TEA

41 W. Broadway. townshendstea.com.

Top-grade loose-leaf tea, chai lattes, bubble tea & kombucha on tap, in an inviting atmosphere w/ couches, cozy corners & ample laptop outlets. 9am-10pm daily. Cash, check & all cards. \$.

### VECTORS ESPRESSO

2866 Crescent Ave. 579-1300.

Hand-crafted quality espresso served w/a playful attitude in a relaxed, comfy environment. Well-trained baristas who create latte art! Locally roasted organic coffee. Located one block north of Costco: 6:30am-5pm M-F, 7am-noon Sa. \$.

### VERO ESPRESSO HOUSE

205 E. 14th Ave. 654-0504.

Serving Stumptown coffee & espresso, fruit smoothies & premium loose leaf teas. Pastry items, breakfast & lunch available. Wi-fi. LG. Wheelchair accessible. 7am-7pm daily. MC/V. \$.

### BARRY'S ESPRESSO BAKERY & DELI

2805 Oak St. 343-6444.

Serving Jewish & NY bakery style food: challah, rye, bialys, knish, cheesecake, black & whites, matzo ball soup, Hungarian mushroom, creamy tomato & many others. Deli sandwiches, quiche, the breakfast sandwich, breakfast sweets, all day treats, all made in-house. Serving organic coffee & espresso. Wheelchair accessible. Oak St. hours: 6:30am-6pm M-Sa, 7:30am-5pm Su. Campus hours: 6:30am-midnight M-Sa, 10am-6pm Su. Some cards. \$.

### BIG TOWN HERO

3215-A W. 11th Ave.

Hot & cold sandwiches made on handmade white, wheat & onion bread. Soup, salad & panini sandwiches. Specializing in office party events. 10am-8pm M-F, 11am-7pm Sa & Su. V/MC/AE. \$.

### THE KIVA

125 W. 11th Ave. 342-8666. kivagrocery@yahoo.com

Eugene's downtown & locally owned grocer since 1970; organic, natural & gourmet foods, deli/w/over 150 cheeses, large selection of deli meats & sand-

Every Saturday • 10 AM-5 PM • 8th & Oak • Rain or Shine

Feast at fifteen food booths every Saturday in the great outdoors at Eugene's weekly Art, Food & Music Festival!

[www.eugenessaturdaymarket.org](http://www.eugenessaturdaymarket.org)



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## MAPLETON CAFFEINATION STATION

10786 Hwy. 126, Mapleton. 2688-1995.  
A walk-in coffee shop selling organic coffee & espresso from Café Mam. House-made baked goods are made w/only natural & fresh ingredients, no hydrogenated oils. House-roasted, ground & triple-filtered chai. Free wi-fi; covered deck overlooks the Siuslaw. Some OG, 7am-6pm Th-M, 7am-noon Tu. MC/V.

## NANA'S CAFFE

9099 S. Willamette St., Coburg. 484-6600. nana'scafe.com  
Locally roasted Italian espresso & coffee specialties, small-batch artisan scones, cinnamon rolls, muffins, breakfast pizza. Lunch served beginning at 11am. 7am-2pm M-F, 8am-2pm Sa-Su. V/MC/D/AMx. \$.

## PALAZZO ESPRESSO INC.

3075 Hilyard St. 338-7015.  
Coffee & pastries. 6:30am-6pm M-Sa, 7am-5pm Su. AE.

## PERK

1351 Willamette St. 636-3255.  
Friendly, locally sourced coffee shop. Community-based, knowledgeable staff, fun-all-recycled atmosphere. Some certified organic, vegetarian entrees. 7am-6pm M-F, 8am-6pm Sa, 9am-3pm Su. V/MC. \$.

## PERUGINO

767 Willamette St. 687-9102.  
An Italian-style coffeehouse serving espresso drinks, a variety of fine pastries, wine by the glass & to go & European & domestic microbrew beers. Now carrying Euphoric Chocolates. Some OG/LG. Wheelchair accessible. 7am-6pm M-F, 8am-6pm Sa, 9am-3pm Su. V/MC/D. \$.

## THEO'S COFFEEHOUSE

199 W. 8th Ave. 344-6491.  
Serving breakfast, lunch by Full City coffee & espresso, pastries, chocolates, oatmeal, croissant breakfast sandwiches, rice bowls & more. 6am-9pm M-F, 9am-9pm Sa, 9am-1pm Su. V/MC. \$.

## VINTAGE

837 Lincoln St. 349-9181.  
Serving lunch, dinner, weekend breakfast: Sweet & savory crepes, fondue, sandwiches, salads, appetizers & more. Intimate atmosphere in a cozy house built in 1873. Outdoor seating. Live music on weekends. Cocktails & local beers. Vegetarian entrees. Open 11am-10pm Tu-F, 9am-10pm Sa, 9am-9pm Su. MC/V. \$.

## \* BEST COCKTAILS (3RD)

## WANDERING GOAT COFFEE CO.

268 Madison. 344-5161. wanderinggoat.com  
Dedicated to bringing fresh perspectives to traditional craft roasting & committed to sourcing, roasting & serving the highest quality sustainable coffees. Café is a music & art venue serving fresh organic pastries & food w/organic beer & wine selections. 6am-11pm M-W, 6am-midnight Th & F, 8am-midnight Sa, 8am-10pm Su. MC/V. \$.

## \* BEST COFFEE

**Continental**

## BELLY

291 E. 5th Ave. 683-5896.  
Rustic European farmhouse food. Some OG/LG. 5pm-9:30pm Tu-Th, 5pm-10:30pm F & Sa. MC/V. \$-\$\$.  
★ BEST RESTAURANT (2ND)

## OLD WORLD BISTRO

341 SW 2nd St., Corvallis. 752-8549.  
Serving breakfast & lunch. 11am-9pm M-Sa, 11am-4pm Su. MC/V. \$.

## UPTOWN BISTRO

4875 E. First St., Oakridge. 782-5969.  
oakridge-lodge.com  
Closed for the season, but open in April. Offering traditional bistro menu, fun all-recycled atmosphere. Some certified organic, vegetarian entrees. 7am-6pm M-F, 8am-6pm Sa, 9am-3pm Su. V/MC. \$.

## PERUGINO

767 Willamette St. 687-9102.  
An Italian-style coffeehouse serving espresso drinks, a variety of fine pastries, wine by the glass & to go & European & domestic microbrew beers. Now carrying Euphoric Chocolates. Some OG/LG. Wheelchair accessible. 7am-6pm M-F, 8am-6pm Sa, 9am-3pm Su. V/MC/D. \$.

## VINTAGE

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## \* BEST COCKTAILS (3RD)

## Delis

**BARRY'S ESPRESSO BAKERY & DELI**

2805 Oak St. 343-6444.  
Serving Jewish & NY bakery style food: challah, rye, bialys, knish, cheesecake, black & whites, matzo ball soup, Hungarian mushroom, creamy tomato & many others. Deli sandwiches, quiche, the breakfast sandwich, breakfast sweets, all day treats, all made in-house. Serving organic coffee & espresso. Wheelchair accessible. 10am-6pm M-Su. Some cards. \$.

## JIMMY JOHN'S GOURMET

# RESTAURANT *Chow!* LISTINGS

wiches made to order, daily soups, lunch specials & freshly made salads, custom box lunches, espresso, coffee, teas & kombucha on tap. Veg & gluten-free options, local & organic produce/meats. 8am-8pm M-F, 9am-8pm Sa-Su. \$.

## \* BEST LOCAL FOOD STORE

## MARCHE PROVISIONS

*See Bakeries*

## PITA PIT

1087 Willamette Rd., Spfd. 744-2998. 1573 SW 53rd St. Corvallis. 752-1600. fax 752-2316.  
700 NE Circle Blvd., Ste 103, Corvallis. 753-7827, fax 753-6769.  
Serving lunch & dinner: Pitas stuffed w/falafel, steak, gyros, turkey, chicken & a variety of other selections. Choose your own toppings & sauce. Delivery, 11am-midnight Su-Tu, 11am-3am W-Sa. No checks. \$.

## QUIZNOS SUBS

864 Beltline Rd., Spfd. 744-2998. 1573 SW 53rd St. Corvallis. 752-1600. fax 752-2316.  
700 NE Circle Blvd., Ste 103, Corvallis. 753-7827, fax 753-6769.  
Serving lunch & dinner: Sub sandwiches, fresh soups & salads made daily. Vegetarian entrees, catering available. Delivery now available: \$8 minimum order, \$2 delivery fee. Order online at quznos.com or phone it in. LG. 10am-9pm M-Sa, 10am-8pm Su. All major cards. \$.

## RED BARN NATURAL DELI

357 Van Buren St. 342-7503.  
Fresh hot soups & daily hot entrée special. Made to order & grab & go sandwiches featuring Dave's Killer Bread. Baked goods, salads, locally made Julie's Organic Ice Cream & Luna & Larry's Original Coconut Bliss by the scoop, shake or sundae. Raw juices & nut creams, organic coffee & tea bar. Vegan options available. Some OGLG. 8am-7pm All major cards. \$.

## SUNDANCE NATURAL FOODS

748 E. 24th Ave. 343-9142.  
Vegetarian (mainly vegan) organic buffet: Salad bar, prepared salads, raw food dishes, hot entrées, soups & chili. Also whole grain organic cookies, cakes & other treats, w/wheat- & gluten-free options. Organic coffee & tea. OGLG. Wheelchair accessible. 7am-11pm daily. All major cards. \$.

## \* BEST LOCAL FOOD STORE (3RD)

## TOGO'S GREAT SANDWICHES

2317 NW 9th St., Corvallis. 753-1444.  
2501 S.W. Jefferson St., MU. 737-2290.  
Hot & cold sandwiches, soups & salads. Wheelchair accessible. 10am-10pm daily. MC/V/AE/D. \$.

## UNIVERSITY HERO

211 SW 5th St., Corvallis. 754-7827.  
2307 NW Kings Blvd., Corvallis. 758-1070.  
Serving specialty sandwiches on fresh sub rolls, made from scratch daily, along w/fresh made soups, salads & baked goods including the giant cookie, cheese bread & pizza sticks. Also now offering Healthy Kids' Meals. Wheelchair accessible. LG. 10am-8pm M-Sa, 11am-8pm Su. V/MC. \$.

## WINE DEPOT & DELI

300 2nd Ave. SW, Albany. 967-9499. Fax 987-9454.  
Sandwiches, soups, salads, desserts at the Two

Rivers Market. Wine by the glass. 9am-8pm M-F, 9am-5:30pm Sa, noon-5pm Su. All major cards. \$-\$\$.

## Food Carts

### AFGHANI CUISINE AND GERMAN SAUSAGE FOOD CART

Saturday Market, 8th & Oak. 686-8885.  
[eugenescaturdaymarket.org](http://eugenescaturdaymarket.org)  
Serving shishkabobs, quabili, pilaf, bolani. 10am-5pm Sa. \$.

### ALBEE'S N.Y. DOGS

Olive & Broadway. 344-0010.  
Quarter-pound all-beef franks (\$4) in hoagie rolls. Toppings — as many as you want — include sauerkraut, sweet & dill relish, jalapeños, shredded cheddar, onions & bacon bits. Cans of soda, bags of chips. 9pm-3am W-Sa. No cards. \$.

### BANGKOK GRILL

Saturday Market, 8th & Oak. 686-8885.  
[eugenescaturdaymarket.org](http://eugenescaturdaymarket.org)  
Serving pad thai, pork on a stick, vegetarian entrées. 10am-5pm Sa. \$.

### BACON NATION

2777 Friendly St. 520-1869.  
[baconnation.co](http://baconnation.co)  
Serving diverse regional cuisine with a Northwest style, including bacon goodness in most menu offerings. Vegetarian options, local produce/ meats. For hours, see [baconnation.co](http://baconnation.co). \$-\$.

### BBQ KING

See Barbecue

### CART DE FRISCO

Oakway Center. 345-0206.  
UO Bookstore.

Serving lunch: Charbroiled Frisco chicken sandwich, salad, Thai noodles or skewer w/homemade sauces & seasoning. A Eugene original recipe. Oakway Center: 11am-3pm M-Sa.  
Campus: 11am-3pm M-F. No cards. \$.

### COALESCENCE JUICERY & WHOLE FOODS KITCHEN

725 Olive St. 619-993-0526.  
Healthy food, vegan, breakfast & lunch, smoothies, juices, desserts, salads, soups. \$-\$.

### COMFORTS MOBILE CUISINE

37 W. 13th Ave. 337-7447.  
World comfort food. Artisan sandwiches, soups, seasonal specialties. Local & organic whenever possible. On-site catering for special events. Checks & major cards. noon-4pm M-F. \$.

### COUSIN JACK'S PASTY COMPANY

1226 Kincaid St. 686-3211.  
[cousinjackspasty.com](http://cousinjackspasty.com)

Selling hand-held savory meat & veggie pies using all organic vegetables, produce & meats from local growers/ranchers including Knee Deep Cattle Co., sausage & apple rolls, pie-wrapped hot dogs. 8am-3:30pm M-F. \$.

### KALANI'S

1968 W. 6th Ave. 870-5278.  
Good food fast. Authentic Hawaiian-style chicken, pork, mahi-mahi, stir fries, curry & more. 11am-4pm M-F.

### KUN FUSION GRILL

[facebook.com/KunFusionGrill](http://facebook.com/KunFusionGrill)

Korean-Mexican fusion; Korean BBQ in burritos & tacos. 11am-2pm Tu & F. \$-\$.

### \* BEST FOOD CART (3RD)

### LANI MOKU GRILL

777 W. 6th Ave.

Authentic Hawaiian kine grinds from the 808 to the 541. \$.

## Word is

If you're a fan of Korean-Mexican fusion food truck **Kun Fusion** and you live or work in downtown Eugene, you'll be happy to hear that the food truck is now spending time at Hi-Fi Music Hall, 44 E. 7th Avenue, dishing out tasty nachos, burritos, rice bowls and more. The truck still frequents the Coburg Road area as well, so check out Kun Fusion's Facebook page or the Eugene Street Food App for its full schedule.

### DA NANG VIETNAMESE EATERY

868-7823. [facebook.com/danangdetary](http://facebook.com/danangdetary)  
Serving up Viet-NOMS inspired by Vietnamese street food. Build your own dishes from choices like grilled meats, tofu, rice noodles, or the weekend special bahn mi. Catch us at local breweries & wineries around town. Follow [danangdetary](http://danangdetary.com) on Facebook, Instagram & Twitter to stay updated on times & locations. Open W-Sa. All major cards. \$.

### \* BEST FOOD CART

### DANA'S CHEESECAKE BAKERY

Saturday Market, 8th & Oak. 852-6832.  
[eugenescaturdaymarket.org](http://eugenescaturdaymarket.org)  
Homebaked cakes, locallyroasted organic coffee, delicious hot chocolate, refreshing iced tea, stimulating iced coffee & iced mochas, served to you by Dana & family each week, at the Eugene Saturday Market for over 30 years. 10am-5pm Sa. \$.

### EDIBLE IMPROV

Saturday Market, 8th & Oak. 686-8885.  
[eugenescaturdaymarket.org](http://eugenescaturdaymarket.org)  
Serving sweet & savory crepes, cookies, espresso. 10am-5pm Sa. \$.

### I SCREAM FOR WAFFLES

[iscreamforwaffles.com](http://iscreamforwaffles.com)  
Sweet & savory menu items, including house-made ice cream, liege waffles, chicken & waffle cones & waffle burgers. \$-\$.

### KALANI'S

1968 W. 6th Ave. 870-5278.  
Good food fast. Authentic Hawaiian-style chicken, pork, mahi-mahi, stir fries, curry & more. 11am-4pm M-F.

### \* BEST FOOD CART (3RD)

### LAMI MOKU GRILL

777 W. 6th Ave.

Authentic Hawaiian kine grinds from the 808 to the 541. \$.

### MASALA

Saturday Market, 8th & Oak. 686-8885.  
[eugenescaturdaymarket.org](http://eugenescaturdaymarket.org)  
Providing delicious & nutritious smoothies & lemonade for Saturday Market patrons since 1971. We support local, vegan, raw & sustainable practices. Do you? Better yet — do you LuLu? 10am-5pm Sa. \$.

### MAMA MAYRA'S KITCHEN

1845 W. 11th Ave. 606-1823.  
Quality homemade Mexican food: tortillas, meats & options for vegetarians & meat lovers. 11am-7pm M-Sa. \$.

### MONO FORCELLA

777 W. 6th Ave.  
Gourmet Italian food specializing in Old World style pizza. \$.

### MOTHER SHIP FOOD CART

285 W. 6th Ave. 870-1158.  
Breakfasts, burgers, tacos, burritos, brisket, Asian & Hawaiian foods, teriyaki beef bowls. Come try our famous bacon cheeseburger. Outside seating or dine inside on the Mother Ship bus. Local meats & baked goods. 8am-5:30pm M-F, 8am-3pm Sa. \$.

### NAVARRA'S LATIN CREOLE KITCHEN

[facebook.com/navarraslatincreolekitchen](http://facebook.com/navarraslatincreolekitchen)

Latin & New Orleans-inspired dishes. \$.

### NICE RICE

Saturday Market, 8th & Oak. 686-8885.  
[eugenescaturdaymarket.org](http://eugenescaturdaymarket.org)  
Veggie & chicken stir-fried rice dishes, teriyaki chicken sandwiches, fresh orange juice. 10am-5pm Sa. \$.

### PREM ROSE EDIBLES

Corvallis Winter Market, Benton County Fairgrounds. 853-3665.  
Organic, fair trade chocolates & organic rose petal jam. Specials, events & sales posted at [twitter.com/premroseedibles](http://com/premroseedibles) 9am-1pm Sa.

### POPPY'S DOGS

8th & Oak. 221-9848.  
We are open for lunch Monday-Friday in beautiful downtown Eugene, offering a selection of all beef dogs, polish dogs, smoked bratwurst & spicy sausages in a variety of specialties, including kraut dogs, chili dogs & an array of toppings to create your perfect dog! \$. Cash only. 10am-3pm M-F.

### RED FIVE HOTDOG COMPANY

591 Willamette Winter Market. 517-0530. [red5dogs.com](http://red5dogs.com). Amazing hot dogs; 20 different toppings. LP. V. Downtown noon-4pm Mo-Th. Sprout Marketplace 3-7pm Fr; Ninkasi Brewery Sa; Blairally late nights 8pm-11pm Sa. \$.

### SUBO SUSHI BURRITOS

3rd & Van Buren. 735-1051.  
"Serving up our famous sushi burritos, sushi nachos & sushi rice bowls. Scratch-made recipes, hand cut fish, signature creations. Have a beer at Ninkasi Brewery & we will deliver." Noon-7pm Tu-Sa, noon-8pm F. \$.

### SUM'S

8th & Olive.  
Sliders, salads & wraps served with homemade slider toppings. Noon-2pm & 3-9pm M-F.

### SUNSET HUT

12th & Kincaid. 543-9963.  
Burritos, rice bowls, goat stew, mafe (chicken or veggie); 10:30 am-4:30 pm M-F. \$.

### SUSHI STAR BRIGADE

Farmers Market, 8th & Oak. 543-9963.  
Organic vegan sushi. 10am-4pm Sa. \$.

### TAM'S PLACE VIETNAMESE CUISINE

2777 Friendly St. 214-0562.  
Traditional Vietnamese food made to order using locally sourced meats. Call to order in or dine at outdoor covered tables. No MSG or styrofoam containers. Vegetarian, vegan & gluten-free options. Local produce & meats Come experience the flavors of South Vietnam. Noon-8pm Tu-Sa, Cash, Visa, MC, American Express. \$.

### T.R.E.E.

Saturday Market, 8th & Oak. 686-8885.  
[eugenescaturdaymarket.org](http://eugenescaturdaymarket.org)  
Crab, salmon & veggie wontons, green salad, Sticky Sticky Tempah, seasonal wontons & more. 10am-5pm Sa. \$.

### VIENG-CHALEUN

211 W. 6th Ave.  
Gourmet Thai cuisine. 10am-7pm M-Sa. \$.

### VIVA! VEGETARIAN GRILL

12th & Willamette. 595-8482.

Grilled veggie dogs, soyages, vegan cheeses, falafels & tempeh rubens. Gluten-free options. Organic tea, coffee & juices. All vegan menu. Some OG. 11am-5pm M-F. Cash only. \$.

### WHAPPING

777 W. 6th Ave.  
Cuban & Caribbean cuisine, where the flavors of Spanish & Afro-Caribbean come together.

### THE LEMONADE GOURMET

Saturday Market, 8th & Oak. 686-8885.  
[eugenescaturdaymarket.org](http://eugenescaturdaymarket.org)  
Serving fresh-squeezed lemonade, drinks. 10am-5pm Sa. \$.

### LONCHES TO GO

901 River Rd. 461-7920.  
Tacos, taquitos, tostadas, quesadillas, chilaquiles & much more. Asada burritos, sopes, enchiladas plates. Vegetarian options. Call ahead for pickup orders. 10:30am-7:30pm M-Sa. D/V/MC. \$.

### LULU'S SMOOTHIES

Saturday Market, 8th & Oak. 607-1215.  
[eugenescaturdaymarket.org](http://eugenescaturdaymarket.org)  
Providing delicious & nutritious smoothies & lemonade for Saturday Market patrons since 1971. We support local, vegan, raw & sustainable practices. Do you? Better yet — do you LuLu? 10am-5pm Sa. \$.

### MAMA MAYRA'S KITCHEN

1845 W. 11th Ave. 606-1823.  
Quality homemade Mexican food: tortillas, meats & options for vegetarians & meat lovers. 11am-7pm M-Sa. \$.

### SAMMITCH

Saturday Market, 8th & Oak. 607-1215.  
[eugenescaturdaymarket.org](http://eugenescaturdaymarket.org)  
Serving made-to-order, generously filled burritos & monthly specials. We use organic beans & other fresh & local ingredients. Owed & operated by Ritta since 1978, we are found every Saturday at the Saturday Market, at



Organic | Vegetarian & Vegan | Breakfast & Lunch

## MORNING GLORY CAFÉ

450 Willamette St. | 7:30am-3:30pm Every Day

[morninggloryeugene.com](http://morninggloryeugene.com) | 541-687-0709

## Lane SBDC Food & Beverage Business Management Program



Innovate



Launch



Grow



Renew



Transition

- Understand and Sustain Your Business Successfully
- Identify Your Priorities and Grow Your Business
- Focus on Your Strengths and Develop Additional Skills

**Program Offers:** Nine, Three-hour Class Sessions, Peer Interaction, and One On-site Coaching/Evaluation Session per Quarter.

### Pre-register Now!

Space is limited for Fall session

Call **541.463.6200**  
[LaneSBDC.com](http://LaneSBDC.com)



Educational Programs and Specialized Services for Small Business and Entrepreneurs  
**Lane Small Business Development**  
An equal opportunity/affirmative action institution  
"Funded in part through a Cooperative Agreement with the U.S. Small Business Administration, Oregon Business Development Department, and Lane Community College."





# Four Plus 3 KOREAN BBQ

All You Can Eat Special \$19.99 Pork Belly and Beef Brisket

Lunch Specials Starting at \$7.99

Selection of BBQ meats and seafood cooked on a griddle table in front of you

- Handmade Tofu
- Soft Tofu Stew
- Aged Kimchi Stew
- Homemade Fried Dumplings
- Seafood or Kimchi Pan Cake

Vegetarian options include bibimbap served cold or on a hot sizzling stone pot and soft tofu stew

\*Most of our meat dishes can be substituted with tofu

NEW HOURS  
TUES - THURS 11:30 - 8:30 • FRI - SAT 11:30 - 9:30 • SUN 1:00 - 8:00  
2130 West 11th Ave. Eugene • 541.505.8744 • [fourplus3.com](http://fourplus3.com)

# RESTAURANT *Chow!* LISTINGS

## Word is

Rain Northwest officially joined the Eugene dining scene May 20 at 1190 City View Street. On its website, it bills itself as "Pacific Northwest cuisine," adding that it utilizes "locally sourced products and vendors to give Eugene something fresh." The dinner menu includes "red wine raspberry ribeye," "grape jus tomahawk pork chop" and "rainbow trout scampi," with a couple of vegetarian entrée options. Learn more about Rain Northwest at [rainnw.com](http://rainnw.com).

### WHOLE ENCHILADA

Saturday Market, 8th & Oak. 686-8885.  
[eugenemarketday.org](http://eugenemarketday.org)  
Serving enchiladas, rice & beans, nachos. 10am-5pm Sa. \$.

### WRAP CITY/SCRATCH SOUPS

1548 Chambers Alley. 636-7238.  
Hand-tossed wraps, all scratch-made soups, fresh-baked breads, grilled sandwiches. Some CO/V/SS. 11am-2pm Mo-Fr. Checks & major cards. \$.

### ZINGARO

777 W. 6th Ave. Burgers, hot dogs, fries, salads & wraps. \$.

### Indian

CRAZY CURRY  
102 Thomason Ln. 968-7687.  
Authentic Indian curry, lamb wraps, fried rice, naan. 11:30am-4pm M-Th, 11:30am-7pm F. \$.

### EVERGREEN INDIAN CUISINE

1525 Franklin Blvd. 734-7944.  
136 SW 3rd St., Corvallis. 754-7944.  
Serving lunch & dinner, traditional Indian dishes. Lunch: 11:30am-2:30pm, dinner 5-9:30pm daily. V/MC. \$\$-\$\$.  
★ BEST INDIAN

### LEELA'S KITCHEN

418 A St., Spfd. 228-8327.  
Fresh-cooked plates of vegetarian Indian food served daily for lunch. 11:30am-1:30pm M-F, 3-7pm F. \$.

### NIRVANA

1945 NW 9th, Corvallis. 738-0487.  
Wheelchair accessible. Some OG/LG.

### POPI'S ANATOLIA

992 Willamette St. 343-9661.  
Serving lunch, dinner: Half the menu is Greek, half is Indian. Kottas Pstli (Greek roasted chicken), thali platter (selection of Indian vegetable dishes), vegetarian soups & entrees. Greek salad. Wine, beer. Reservations for 5+. 11:30am-9pm M-Th, 11:30am-10pm F, 11:30am-3pm & 5-10pm Sa, 5-9pm Su. MC/V. \$\$-\$\$.  
★ BEST INDIAN (3RD)

### TASTE OF INDIA

2495 Hilyard St. 485-9698.  
Authentic Indian cuisine for vegetarian & non-vegetarian palates. Freshly baked & stuffed roti. Buffet lunch & dinner specials. Tandoori chicken, lamb, seafood. Salads. Take-out. 10:30am-2pm & 5:30pm Tu-F, 11am-2pm & 5:30pm Sa-Su. MC/V/AE. \$\$-\$\$.  
★ BEST INDIAN (2ND)

### International

#### BRUNO'S CHEF'S KITCHEN

3443 Hilyard St. 687-2433.  
[brunoskitchen.com](http://brunoskitchen.com)  
Bruno shops at local markets daily, seeking the freshest quality ingredients to create a progressive, exquisite cuisine. Beskie serves w/ an equally special flair. Menu changes weekly & can be found on restaurant website. Some OG/LG. Wheelchair accessible. 5-9pm Tu-Sa. MC/V/AE. \$\$\$\$.

#### CRYSTAL'S KING OF FALAFEL CUISINE & CAFE

1425 NW Monroe Ave., Corvallis. 754-6403.  
Mediterranean specialties: falafel, gyros, chicken & meat. Wheelchair accessible. Some OG. 9am-8:30pm daily. V/MC. \$.

#### JUNG'S MONGOLIAN GRILL

4355 Commerce St., Suite 110. 344-7578.

All-you-can-eat stir-fried veggies, tofu, meats & sauces. Beer & wine available. Wheelchair accessible. 11:30am-4pm & 5-9pm M-Su. V/MC/D/AE. \$-\$.

#### KOHO BISTRO

2101 Bailey Hill Rd., Ste. 684-8888.  
[kohobistro.net](http://kohobistro.net)

Northwest Nouveau, we create seasonal menus with cuisine that is meticulously prepared with a global infusion of techniques that exemplifies an artistic hands on approach that showcases the freshest local ingredients. Our scratch kitchen features the best from our farmers, artisans, winemakers & brewers. We are a chef owned bistro & have won numerous awards during our first year. Reigning Iron Chef of Oregon & Eugene. 4-9pm Tu-Th, 4-10pm F-Sa, 4-9pm Su. AE/V/MC. \$\$.  
★ BEST ITALIAN (2ND)

#### LOCAL BOYZ HAWAIIAN CAFE

1425 NW Monroe Ave., Corvallis. 754-5338.  
Aloha-style plate lunches, served in three different sizes, w/steamed rice & macaroni salad or steamed veggies. Wheelchair accessible. DR. 11am-8pm M-F, noon-7pm Sa. V/MC/Debit. \$-\$.

#### NOVAK'S HUNGARIAN RESTAURANT & CATERING

2306 Heritage Way SE, Albany. 967-9488.  
Traditional Hungarian specialties: Chicken paprikash, kolbász, cabbage rolls. Vegetarian entrées. In-house bakery. Novak's also offers catering for events & special occasions. Wheelchair accessible. LG. 11am-9pm M-Tu, 7am-9pm W-Su. MC/V/AE/D. \$-\$.

#### OFF THE WAFFLE

2540 Willamette St. 515-6926. 840 Willamette St. 654-4318. [offthewaffle.com](http://offthewaffle.com)  
Serving authentic liege waffles, a classic Belgian treat. 8am-8pm Su-Th. 8am-11pm F-Sa. AE/D/V/MC. \$-\$.

#### PAPAYA'S ASIAN FOOD CATERING

229-0768 or 988-1828.  
[papayascatering.com](http://papayascatering.com)  
Specializing in Asian cuisine for catering events:

### Restaurant

# Chow!

### PLACIDO'S PASTA SHOP

150 Shelton McMurphy Blvd. #103. 687-6445.  
Focusing on sustainable, local organic practices. Offers fresh organic dishes prepared with love & integrity. Salads, noodles, raviolis & desserts. 11am-9pm Tu-F, 4-9pm Sa-Su. \$-\$.

### Japanese

#### 541 SUSHI BAR

898 Pearl St. 654-8171.  
Two-dollar sushi plates. 11am-9pm daily. \$.

#### AOMATSU JAPANESE RESTAURANT

122 NW 3rd St., Corvallis. 752-1410.  
Full sushi bar, lively atmosphere. Friendly sushi chefs entertain you. Lunch, dinner & lots of specials. Noodles, tempura, BBQ, teriyaki & more. Lunch: 11:30am-2:30pm M-F. Dinner: 5pm-10pm M-Sa. V/MC/D/C/AE. \$-\$.

#### IZAKAYA MEJI COMPANY

345 Van Buren. 505-8804.  
Japanese style tavern serving small plates, noodles, cocktails, sake, desserts & more. 5pm-1am daily. \$.

★ BEST COCKTAILS, BEST RESTAURANT, BEST HAPPY HOUR (3RD)

### IZAKAYA OYAZI

259 E. 5th Ave. (458) 201-7433.  
Japanese, tapas style food & drink. \$-\$-\$.

#### IZUMI SUSHI & GRILL

2773 Shadow View Drive. 683-1201.  
Serving lunch, dinner: Sushi bar, full sushi menu, sashimi, rolls, grill menu, tempura, noodles, variety of tapas, traditional & fusion dishes. 11:30am-2:30pm & 5pm-10pm M-F, 5pm-10pm Sa, 5pm-9pm Su. All major cards. \$-\$-\$.

★ BEST HAPPY HOUR (2ND)

### KAMITORI MASA'S KITCHEN & BAKERY

1044 Willamette St. 686-3504. [kamitorio10.com](http://kamitorio10.com)  
Traditional Japanese cuisine, baked goods, sushi including nigiri, sashimi, & noodle dishes such as udon & soba. 11am-2pm, 5pm-9pm M-Th, 11:30am-2pm, 5-9pm F, 5-9:30pm Sa. V/MC. \$-\$.

#### MAKOTO JAPANESE RESTAURANT

1167 Willamette St. (458) 201-7403.  
Sushi; Korean and Japanese cuisine. 11am-10pm Su-Th, 11am-11pm F & Sa. \$-\$-\$.

### MAME

541 Blair Blvd. 654-4378.  
Oregon sushi; local produce; menu changes daily. 5-9:30pm Tu-Th, 5-10pm F & Sa, 5-9pm Su. AE/D/V/MC. \$-\$-\$.

★ BEST SUSHI

### MARU ASIAN TAPAS BAR & LOUNGE

1769 Franklin Blvd. 636-3169.  
Asian fusion including Japanese, Korean, seafood, sushi & tapas. Seating for 200+. 11:30am-2:30pm & 4-10pm daily. All major cards.

### Italian

#### AMBROSIA RESTAURANT & BAR

174 E. Broadway. 342-4141.  
Featuring pastas, meats, salads & wood-fired pizzas & calzones. Daily specials, creative, seasonal cocktails & seven beers on tap (including seasonal special). Extensive, award-winning wine list & wine by the glass. 4:30pm-close M-F, 5pm-close Sa, noon-8pm Su. All major cards. \$-\$-\$.

#### BEPPE & GIANNI'S TRATTORIA

1646 E. 19th Ave. 683-6661.  
Serving dinner: Variety of homemade pastas: Ravioli, lasagna, linguini, spaghetti. Seafood, salads, wine, microbrews. Take-out. 5-9pm Su-Th, 5-10pm F-Sa. MC/V. \$-\$-\$.

★ BEST ITALIAN

#### COUNTRYSIDE PIZZA & GRILL

See American

#### DOUGH CO.

1337 E. 342-4959.  
[doughco.com](http://doughco.com)  
Bakery-style kitchen serving 31 kinds of calzones & warm cookies. Everything \$6.25 or less. Delivery until 3am. 11am-3am daily. MC/V/AE/D. \$.

#### EXCELSIOR INN, RESTAURANT & LOUNGE

754 E. 13th Ave. 342-6963.  
Serving breakfast, lunch, dinner: Pacific Northwest & northern Italian menu w/local ingredients. Homemade pastas, fresh seafood, organic meats, produce from Excelsior Farm, desserts. Wine, beer, microbrews, full bar. Outdoor patios, private seating & meeting space available. Some OG/LG. Wheelchair accessible. Breakfast 7am-10am. Lunch: 11:30am-2pm. Dinner 5pm-10pm daily. Bistro/Lounge open until 11pm daily. All major cards. \$-\$-\$.

#### IZZY'S PIZZA & BUFFET

See Pizza

#### LA PERLA

See Pizza

#### MAZZI'S ITALIAN FOOD

3377 E. Amazon Dr. 687-2252. [mazzis.com](http://mazzis.com)  
Family owned, preparing the Italian-Sicilian favorites of Papa & Mama Mazi. Local products & organic produce from Mazi's farm. Serving new & old favorites in a comfortable, relaxed setting. Northwest & Italian wines, microbrews, imported beer. Outdoor seating. Dine in or take out. Some OG/LG. Wheelchair accessible. Dinner from 5pm daily. MC/V/AE. \$\$.  
★ BEST ITALIAN (2ND)

#### SUSHI STATION

199 E. 5th Ave. #7. 474-1334.  
Sushi on conveyor, made-to-order chef's special rolls, teriyaki, tempura, katsu, yakisoba & udon noodle soup & more. 11:30am-10pm M-Sa, 11:30am-9pm Su. All major cards. \$-\$-\$.

#### SUSHI YA

5 E. 8th Ave. 686-3464.  
Serving lunch & dinner weekdays, dinners only on weekends. Sushi, Japanese & Korean cuisines. Daily sushi & kitchen specials. Wheelchair accessible. 11:30am-9:30pm M-F, 11am-10pm F-Sa, 4:30-9:30pm Su. MC/V/D. \$-\$-\$.

#### TERIYAKI BOY

844 E. 13th Ave. 653-8726.  
Stir fry, rice, wonton soup. \$-\$.

#### TOKYO RAMEN

1733 Pearl St. 515-6176.  
Quick service, daily specials for dine-ins. Healthy & homemade, no MSG. Chicken is non-caged, stress-free & no added hormones. Customize any dish. High school students get a discount, &amp

# RESTAURANT *Chow!* LISTINGS

## Korean

### CAFÉ SEOUL

1930 Franklin Blvd. 687-2122.  
Serving lunch & dinner. Offering authentic, traditional Korean meals w/Japanese & Chinese dishes. Lots of vegetarian selections, lunch specials, take-out. Wheelchair accessible. 11am-9pm M-F. MC/V. \$-\$\$.  
★ BEST KOREAN (3RD)

### FOUR PLUS 3 KOREAN BBQ

2130 W. 11th Ave. 505-8744.  
Serving a variety of authentic Korean BBQ cuisine. Four different flavors of pork belly BBQ, Kalbi, Prime Ribeye Steak, Shrimp, Chicken, and more cooked on a griddle table in front of you. Handmade tofu, soft tofu stew, aged kimchi stew, homemade fried dumplings & seafood or kimchi pan cake. Vegetarian options, including bibimbap served cold or on a hot sizzling stone pot & soft tofu stew. Most of our meat dishes can be substituted w/tofu. 4-10pm F-Sa, 4-9pm Su-Th. \$-\$\$.

### GRIFFIN TOWN

959 Pearl St. 636-4681.  
Serving lunch & dinner. Lunch includes Bibim-Naengmyeon Kochi to Bokum Bap, Bento Boxes & Sundubu Jigae. Dinner appetizers & tapas range from Seared Sashimi to Kochi to Dak gajjeng & more. Main courses: NY Steak & Lobster, Prime Kkot-sal, Prime Short Rib Filet, Specialty Sushi Rolls & much more. 11am-10pm M-Sa. \$-\$.

### KOREA HOUSE

1306 Hilyard St. 345-9555.  
Serving lunch, dinner. Traditional Korean dishes w/ some Japanese food. Steamed rice, soup & kimchee w/some meals. Vegetarian entrées. Take-out. 11am-9pm M-F. MC/V. \$-\$.

### KOREAN CHINGU-BURGER LOVERS

See Burgers  
NOODLE BOWL

860 Pearl St.  
Serving authentic Korean food & pan-fried noodle dishes. 11:30am-9pm M-Sa.

### \* BEST KOREAN

### SUSHI YA

See Japanese

### YOUNG'S KITCHEN

2051 NW Monroe Ave., Corvallis. 757-1626.  
Korean & Japanese. Sushi, udon, teriyaki ribs, yakisoba. Take-out. 10:30am-8:30pm M-Sa. \$-\$.

## Latin American Caribbean

### JOHNNY OCEAN'S GRILLE

114 Oakway Center. 342-7994.  
Serving lunch & dinner in a Caribbean atmosphere. Appetizers, steaks, hamburgers, chicken, halibut, ahi, salmon, shrimp, sandwiches, including veggie sandwich, fries, salads, pad Thai, curry sauté, halibut fish tacos. All food prepared w/trans fat-free olive oil. Shakes, beer & wine. Take-out. Outside seating. Some OG/LG. 11am-9pm M-Sa, 11:30am-7pm Su. MC/V. \$-\$\$.

### LA OFICINA

1491 Willamette St. 338-4621.  
Treat yourself & your taste buds to a culinary journey south of the border. Serving a unique mixture of Latin American & Caribbean cuisine. Seafood, vegetarian & vegan options available. Full bar featuring a large selection of tequilas & hand-shaken cocktails w/Latin flair. Patio dining available. Lunch: 11:30am-2:30pm M-F. Dinner 5pm-9pm M-Th, 5pm-10pm F & Sa. MC/V/D. \$.

### MEMBRILLO LATIN CAFE

1530 Willamette St. 458-205-8470.  
membrillolatincafe.com  
Flavors from Cuba & Latin America. Scratch-made food using local & organic ingredients as much as possible. 11:30am-2:30pm & 5-9pm MTu & Th, 11:30am-2:30pm & 5-10pm Fr, 9am-3pm & 5-10pm Sa, 9am-3pm Su. \$.

### \* BEST NEW RESTAURANT, BEST MEXICAN/LATIN AMERICAN (3RD)

### PUPUSERIA JUANITA

625 W. 1st Ave. 606-4766.  
Original El Salvadorian pupusas, giant delicious burritos. 9am-7pm daily. Cash only. \$.

### SUNSET ISLAND CAFE

1050 Greenacres Rd. 485-8224.  
TACO LOCO

900 W. 7th Ave. 683-9717.  
Featuring a unique mixture of Latin American & Caribbean dishes steeped in tradition. Vegetarian & vegan friendly. Full bar specializing in margaritas & cocktails made from all natural juices. A large selection of tequilas available. Wheelchair accessible.

sible. Lunch 11:30am-2:30pm M-F. Dinner 4:30pm-close M-F. 11:30-close Sa. MC/V/D, no checks. \$\$.

## Mediterranean

### ALBEE'S N.Y. GYROS

391 W. 11th Ave. 344-0010.  
Falafel or beef/lamb mixed meat gyros, \$6 w/ whatever you want: lettuce, tomatoes, onion, black olives, feta, pepperoncini, tzatziki sauce. NY dogs available here, too. \$4 w/whatever you want. Also serving baklava & spanakopita. 11am-8pm M-Sa, noon-7pm Su. No cards. \$.

### CAFÉ GLENIDI

296 E. 5th Ave. (5th St. Market). 485-3391.  
Serving lunch, dinner. Tasty selections of Greek/Mediterranean dishes including moussaka, chicken & lamb souvlaki, spanakopita & fresh salmon as well as vegetarian dishes. Phone orders. Take-out. Catering. Some OG/LG. Wheelchair accessible. 8:30am-7pm Tu-Sa, 9am-5pm Sun. MC/V. \$-\$\$.

### CAFÉ SORIAH

384 W. 13th Ave. 342-4410.  
Serving lunch, dinner. Mediterranean, international & Northwest cuisine. Lamb, chicken, seafood, vegetarian specialties, salads. Wine, beer, microbrews, full bar. Reservations. Take-out. Some OG/LG. Wheelchair accessible. 5-10pm daily. MC/V/AE. \$\$\$\$.

### CASPION MEDITERRANEAN RESTAURANT

863 E. 13th Ave. 683-7800.  
Open late nights. Serving breakfast, lunch & dinner all day. Shawarma, falafel, gyros, feta salad, breakfast burritos, kabobs, wraps, Mediterranean scrambles and much more. Take-out. Delivery. Wheelchair accessible. 8:30am-midnight Su-Tu, 8:30am-2:30am W-Sa. MC/V/D. \$.

### CENTENNIAL MARKET

651 W. Centennial Blvd.  
744-7155.  
Gyros, doner kebabs, falafel, dolmas, korma, baklava & quite a bit more. Call for pickup or delivery, or come eat in the comfortable & relaxed seating area. Giant beverage selection & full grocery store of alternate sides to choose from. Don't forget ice cream. 10:30am-8:30pm M-Th, 10:30am-9:30pm F-Sa, 10:30am-7:30pm Su. Vegetarian & gluten-free options. All major cards. \$.

### GREEK PARADISE

65 Division Ave., Suite M. 684-5000.

Greek, Mediterranean & American dishes. Gyros, falafel, shish kabobs, chicken kabobs, Greek salad, breakfast served all day. Lunch & dinner specials, Philly cheese steaks & more. Banquet/meeting room. 10am-8:30pm Tu-Th, 10am-9pm F-Sa, 11am-2pm Sun. MC/V. \$-\$\$.

### POPPY'S ANATOLIA

See Indian  
Mexican

### BELLY TAQUERIA

454 Willamette St. 687-8226.  
Delicious tacos, quesadillas, tostadas, enchiladas & house margaritas. 5-9pm M-F, 5-10pm F-Sa. \$-\$.

### BOMBS AWAY CAFÉ

2527 NW Monroe Ave., Corvallis. 757-7221.  
Traditional recipes, fresh ingredients, all made right here. A family atmosphere in our front room willful wait service in our lounge. We specialize in natural meats & vegetarian fare, seafood & shellfish entrees, homemade desserts & breads. 11am-midnight M-F, 5pm-midnight Sa. MC/V. \$-\$\$.

### BURRITO AMIGOS

1597 NW 9th St., Corvallis. 752-9229.  
Lunch & dinner, beer, wine & cocktails. Parties up to 30 people, food to go. 11am-10pm Su-Th, 11am-11pm F & Sa. V/MC/DC/AE. \$-\$.

### EL PATRON

764 Blair Blvd. 344-0650.  
Family Mexican restaurant serving Mexican cuisine, including carne asada. Peruvian menu coming soon. 11am-10pm. \$-\$.

### EL PATO VERDE TAQUERIA

682 E. 13th Ave. 686-9700.  
Since 2002 this owner-operated restaurant has been serving Northwest Mexican food: Al pastor (marinated pork), carne asada (steak), homemade salsas, sauces, homemade vegetarian beans & rice, taquitos, quesadillas and burritos. Catering. 11am-9pm M-F, 11am-8pm Sa. V/D. \$.

### EL SABOR

2566 Willamette St. 485-0619.  
Serving traditional Mexican fare, including burritos, tamales, tortas, & specialty plates. Lots of vegetarian options available. 9am-8:30pm daily. MC/V. \$-\$.

### EL TAPATIO RESTAURANT

1845 NW Circle Blvd., Corvallis. 758-1735.  
Serving lunch daily & dinner on Fridays & Saturdays. 11am-10pm Su-Th, 11am-11pm F & Sa. V/MC/AE/D. \$-\$.

### FRESH & NATURAL

1680 W. 11th Ave., 3000 Gateway St. #802. 345-9999; 726-7073.

Serving breakfast, lunch, dinner: Breakfast burritos, burritos, tacos, carne asada, carnitas, chile verde lengua, vegetarian entrees, Mexican waters. Take-out. L.G. River Road: 7am-9pm daily. 10th Ave: 7am-5pm daily. Broadway: 7am-11pm daily. 11th Ave: 7am-10pm daily. No checks. \$.

### \* BEST CHEAP EATS

## BURRITO GIRL

3840 W. 11th Ave. 337-0019.  
Burritos, quesadillas, tacos. Vegetarian entrées. Everything under \$5. 11am-5pm M-F, noon-4pm Sa. No cards.

### CHACHI'S BURRITOS

894 E. 13th Ave. (719) 332-0208.  
chachisburritos.com

Asian fusion, Mexican, vegan & vegetarian burritos, mac & cheese & more. 10:30am-5pm M & W-F, 10:30am-3:30pm Tu. \$.

### CHAPALA MEXICAN RESTAURANT

68 W. 29th Ave. 683-5458.  
Oakway Center. 424-6113.

Serving lunch, dinner: fajitas & Mexican favorites, full vegetarian menu, salads. Wine, beer, full bar. Reservations for 6+. Live music Th & Sa at 29th St. Take-out. 29th: 11am-10pm Su-Th, 11am-11pm F. Oakway: 11am-10pm M-Th, 11am-10:30pm F-Sa, 11am-10pm Su. MC/V. \$-\$.

### \* BEST MEXICAN (2ND)

### CHIPOTLE MEXICAN GRILL

460 Coburg Rd. 687-5220.  
11am-10pm daily.

### CHULA'S RESTAURANT & CANTINA

610 E. Broadway. 246-8665.

Located between downtown Eugene & the University of Oregon campus, Chula's offers Mexican favorites, a full bar & lots of fun. 11am-9:30pm Su-W, 11am-11pm Th-Sa. \$-\$.

### DON JUAN'S FAMILY MEXICAN RESTAURANT

2650 River Rd. 689-5821. Fax 461-2757.

Serving lunch, dinner: Guadalajara-style cooking, chicken carnitas, chile Colorado & verde, vegetarian entrées. Wine, beer, full bar. Banquet facilities. Take-out. L.G. Wheelchair accessible. 11am-10pm M-Th, 11am-10:30pm F-Sa, 11am-10pm Su. MC/V. \$-\$.

### DOS BANDERAS

94 W. Broadway; 496 Harlow Rd., Spfd. 912-0602; 726-2110.

Delicious Mexican standards. LP. 10am-10pm M-W, 10am-2pm Th-Sa. Cash only. \$.

### EL CHARRO

4712 Royal Ave. 688-3642.

Serving chicken fajitas, chile rellenos, tamales, tostadas, carne asada, nachos, seafood, vegetarian entrées & more. Full bar. Take-out. OG. Wheelchair accessible. 11am-9pm M-F, 11am-10pm Su. MC/V. \$-\$.

### EL KORA

3007 N. Delta Hwy. #202. 604-0218.

Classic Mexican & seafood menu. Wine & beer aplenty too. Vegetarian options available, local produce used. 10am-9pm M-F, 10am-10pm Sa & Su. Lunch specials 11am-3pm daily. Live music 6:30pm-8:30pm Sa. AE/D/V/MC. \$-\$.

### EL PATO VERDE TAQUERIA

682 E. 13th Ave. 686-9700.

Since 2002 this owner-operated restaurant has been serving Northwest Mexican food: Al pastor (marinated pork), carne asada (steak), homemade salsas, sauces, homemade vegetarian beans & rice, taquitos, quesadillas and burritos. Catering. 11am-9pm M-F, 11am-8pm Sa. V/D. \$.

### EL ROSTERITO

1537 Mohawk Blvd., Spfd. 747-6024.

Serving Mexican food, lunch & dinner, featuring homemade flour & corn tortillas. 11am-9pm Tu-Th, 11am-10pm Fri, noon-10pm Sa, 11am-9pm Su. V/MC/D. \$-\$.

### EL TAPATIO RESTAURANT

1845 NW Monroe Ave., Corvallis. 752-2500.

Serving lunch daily & dinner on Fridays & Saturdays. 11am-10pm Su-Th, 11am-11pm F & Sa. V/MC/AE/D. \$-\$.

### BURRITO BOY TAQUERIA

943 River Rd. 689-7970.

30 W. 10th Ave. 344-5856.  
510 E. Broadway. 344-8070.

Serving breakfast, lunch, dinner: Breakfast burritos, burritos, tacos, carne asada, carnitas, chile verde lengua, tamales, tacos, burritos & more. Everything made with low-fat ingredients & not fried. 8am-8pm M-Sa, 8am-3pm Su.

### \* BEST CHEAP EATS

## JAZZY LADIES

### CAFE & COFFEEHOUSE

### SERVING BREAKFAST & LUNCH

### EVERYTHING MADE FROM SCRATCH

### LARGE SELECTION OF GLUTEN-FREE ITEMS

### 45 E. 8TH AVE. EUGENE

### AT THE CORNER OF 8TH AND PARK

### 458-201-7062

### JAZZYLADIESCAFE.COM

### MONDAY-FRIDAY 8AM-3PM

### SATURDAY 9AM-3PM

## JALISCO MEXICAN RESTAURANT

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## Word is

Attention, tea lovers: the **Oolong Bar** opened May 20, a creation of J-Tea owner Josh Chamberlain. The tea venue provides bubble teas, hot teas and iced teas, with innovative mixtures and concoctions. Located at 1607 E. 19th Avenue and sharing a wall with Sweet Life Petite, the Oolong Bar also has æbleskivers on the menu, savory pancake balls that pair well with the fruit compote the tea shop offers. Head over to its Facebook page for more info.

entrées & desserts. Outdoor seating. Happy hour 4-6pm M-F, 11:30am-9pm M, 11:30am-10pm Tu-Th, 11:30am-midnight F-Sa, 3pm-9pm Su. All major cards, checks, \$\$. **BAKER BUTCHER**

296 E. 5th Ave. Suite 201.  
686-9199. [bakerbutcher.com](http://bakerbutcher.com)  
11am-7pm M-Th, 11am-8pm F, 8am-8pm Sa, 8am-5pm Su.

**BIG RIVER RESTAURANT & BAR**

101 NW Jackson, Corvallis. 757-0694.  
Eclectic, fresh Northwest cuisine using local organic produce, prime beef, native fish & Big River breads. The copper-topped bar features regional wines, single malts, martinis & jazz on weekends. Wheelchair accessible. Some OG/LG. 11am-9:30pm M-Th, 11am-10:30pm F-Sa, 4-9pm Su. DC/MC/V/AE. \$\$.

**BLIND PIG**  
See American

**BOARD**  
394 Blair Blvd. 343-3023.  
Seafood, salads, small plates for sharing. 3pm-2am Tu-Su. \$\$\$-\$\$.  
★ BEST NEW RESTAURANT (2ND)

**CAFÉ 440**  
440 Coburg Road. 505-8493.  
[cafe440eugene.com](http://cafe440eugene.com)  
Serving lunch, dinner: "Northwest comfort food w/a twist." Salads, sandwiches, Knee Deep Farms all-natural burgers w/regular or sweet potato fries, salmon fish & chips, fried chicken, mac & cheese & more. Full bar, local beer on tap, wine. Outdoor seating. Some OG/LG. 11am-9pm M-Th, 11am-10pm F, 11am-9pm Sa, 9am-noon Su. MC/V. \$\$\$-\$\$.

**CAFÉ YUMM!**  
The Meridian, 1801 Willamette St. 686-YUMM.  
Oakway Center, 130 Oakway Center. 465-YUMM.  
On Broadway, 730 E. Broadway. 344-YUMM.  
North Delta Center, 1005 Green Acres Rd. 684-YUMM.  
The Crossroads, 3340 Gateway Rd., Spfd. 747-YUMM.  
Sacred Heart at RiverBend, 3333 RiverBend Dr., Spfd. 736-YUMM.  
2001 NW Monroe Ave., Corvallis. 541-757-YUMM.  
Breakfast, lunch & dinner. "Soul satisfying ... Deeply nourishing!" Yumm! Bowls®, soup, chicken, turkey, organic, salads, Yumm! Wraps, sandwiches, salmon burgers. Savory sauces & dressings. Extensive vegan, vegetarian ingredients. Wine, beer, juice, coffee & tea. Take-out. Event catering. Some OG/LG. Wheelchair accessible. Recipient of the LEED Gold Standard for retail (the first in Oregon!). The Meridian, Oakway Center: 10am-8pm M-Sa, 11am-6pm Su. North Delta Center: 10am-8pm M-Sa, 11am-7pm Su. On Broadway: 10am-9pm daily. The Crossroads: 10am-9pm M-Sa, 10am-8pm Su. RiverBend: 10am-10pm M-F, 11am-3pm Sa-Su. MC/V. \$-\$\$.  
★ BEST CHEAP EATS (2ND)

**CHEF BECKY**  
510-0326. [chefbecky.com](http://chefbecky.com)  
Personal chef meals & dinner parties in your home. Deluxe dinner parties in your home. Also delivering dinners. Customized, gourmet meals, delivered by personal Chef Becky. Prepared from scratch, just for you, using top-quality ingredients.

### MAC'S RESTAURANT & NIGHTCLUB

1626 Willamette St. 344-8600.  
"Eugene's Home of the Blues," located in the historic Veterans Building on Willamette. Live music every night open. Tuesday Rooster's Blues Jam along w/total domination Tuesdays! Wednesdays Wine, Jazz & Variety; Thursday, Friday & Saturday dance to the very best local, regional & national bands. Delicious Northwest cuisine & creative & classic cocktails in a very casual, comfortable atmosphere. LP, Tu-Sa starting at 4pm. Checks, MC/V/AE/D. \$\$.

### MAGENTA RESTAURANT & CATERING

137 SW 2nd Ave., Corvallis. 758-3494.  
[magentarestaurant.com](http://magentarestaurant.com)  
Exotic organic Asian fusion recipes created by Chef Kimber Hoang seasonally incorporating local produce & meats. Carefully selected wines & superb specialty martinis. \$4 small plate (dim sum) menu available all hours, lunch & dinner. Wheelchair accessible. OG/LG. Lunch 11am-2pm daily. Dinner 4:30pm-9:30pm M-W, 4:30pm-midnight Th-Sa, 4:30pm-9pm Su. VD/AE. \$\$\$-\$\$.

### MARCHE & LE BAR

295 E. 5th Ave. (5th St. Market). 342-3612.  
Serving breakfast, lunch, dinner, weekend brunch, elegant dining room menu or casual bar menu & cocktails feat. local, organic, seasonal ingredients w/French flair, menus change w/seasons, wood-fired oven, exhibition kitchen, catering, vegetarian options, wine, beer, full bar, patio seating, reservations. 11:30am-1pm M-Th, 11:30am-midnight F-Sa, 11:30am-1pm Su. All major cards. \$\$\$-\$\$\$\$.

### MARCHE MUSEUM CAFE

100 County Farm Rd. 345-7344.  
Seasonally changing menu, breakfast pastries, granola, soup, panini, sandwiches, salads, desserts, wine by the glass, beer, take-out, box lunches & catering available. 8:30am-4pm M-Tu, Th & F, 8:30am-7pm W, 11am-4pm Sa-Su. All major cards. \$.

### DAVIS RESTAURANT & BAR

94 W. Broadway. 485-1124.  
Seasonal cuisine in a comfortable, elegant downtown space. Sandwiches, salads, dinner specials, burgers, specialty cocktails, house desserts & more. Open to the public on Easter, Mother's Day & Thanksgiving Day. Full bar, beer, wine. Indoor & patio seating. MC/V/AE. \$\$\$-\$\$.

### EUGENE WINE CELLARS

255 Madison St. 342-2600.  
Whiteaker tasting room in Eugene's first urban winery, serving our wines, custom crush wines, local & domestic beers, meat/cheese plates. 4-8pm Th-Su or by apt.

### GLENWOOD RESTAURANTS, INC.

See Cafés

### GRIT KITCHEN

1080 W. 3rd Ave. 343-0501. [gritkitchen.com](http://gritkitchen.com)  
Seasonal, local, delicious food, sourced w/integrity & served w/love. Regional wines & local brews. 5-10pm Tu-Th, 5-11pm Sa-Su. V/MC. \$\$.

### \* BEST RESTAURANT (2ND)

### FIREWORKS RESTAURANT & BAR

1115 South Third, 99W, Corvallis. 754-6958. [www.fireworksCuisine.com](http://FireworksCuisine.com)  
Organic cuisine, intimate dining ambiance featuring earthy, sculptural wood-fired oven. Now serving organic chicken & grass-fed meats. Grilled seafood, wood-fired pizza, creative vegetarian/vegan entrées, decadent desserts. Fine wines & microbrews. Cocktails. Live music, lectures & special events. Wheelchair accessible. OG/LG. 11:30am-2:30pm (lunch) & 5pm-9:30pm (dinner) daily, 10am-2pm (brunch) Su. V/MC/AE. \$\$\$-\$\$.

### KING STATE RESTAURANT & WINE BAR

80854 Territorial Rd. 685-5189.  
[kingstate.com](http://kingstate.com)  
Serving lunch & dinner, w/wine tastings & tours daily. Pizzettas, seafood, salads, Knee Deep Ranch beef & more Northwest specialties. Reservations recommended. 11am-4pm M-F, 11am-4pm Sa-Su; dinner 5-8pm daily. \$\$\$-\$\$\$.

### \* BEST LOCAL WINE (2ND)

### LAVELLE VINEYARDS WINE BAR & GRILLE

400 International Way, Ste. 30, Spfd.  
[lavellevineyards.com](http://lavellevineyards.com)  
Offering more than 40 wines in a classy yet casual environment. There are also six local beer taps & a full menu with Northwest cuisine. Tapas offered from 2-4pm w/dinner starting at 4pm. Weekly specials include Tuesday trivia, Pizza & Pinot & live music every Friday night (October-April). 2-9pm Tu-Sa. \$\$\$-\$\$.

### SIXTH STREET GRILL

55 W. 6th Ave. 485-2961.  
An exceptional selection of Northwest cuisine, cocktails, beer & wine served to you in an inviting atmosphere. Daily specials. Breakfast served on Sundays 9am-2pm. Generous portions! Trivia night Thursdays. 9am-9pm Su, 11am-9pm M, 11am-11pm Tu-W, 11am-midnight Th-Sa. All major cards except Diners cards. \$\$\$-\$\$.

### SKINNER'S GREAT STEAKS, CHOPS & SEAFOOD

66 E. 6th Ave. (inside the Hilton). 342-6658.  
Serving breakfast, lunch, dinner. A casual Northwest steak restaurant featuring certified Angus beef brand, regionally grown pork & lamb & Northwest seafood. Farm-to-Table Sunday brunch 10am-2pm on Sundays. Wheelchair accessible. 6:30am-10pm daily. All cards. \$\$\$-\$\$.

### AMERICAN DREAM PIZZA

2525 NW Monroe Ave., Corvallis. 757-1713.

214 SW 2nd St., Corvallis. 753-7373.

Music, art, beer & pizza. Tastiest pizza in Corvallis, by the slice or whole pie. Outrageous combos, fabulous salads & stellar calzones. Nice selection of local brews. Outdoor rooftop seating on 2nd St. Free delivery. 11am-10pm daily, open til 11pm F & Sa. V/MC. \$\$.

### CIAO PIZZA

3342 Gateway St., Spfd. 505-8487.

Authentic Italian-style pizzeria w/wood-fired oven. All entrées are cooked in the oven w/fresh

ingredients. 6:30am-10pm daily. All cards. \$\$\$-\$\$.  
★ BEST CHEAP EATS (2ND)

### THE BIER STEIN BOTTLESHOP & PUB

1591 WILLAMETTE EUGENE THEBIERSTEIN.COM

### STACY'S COVERED BRIDGE RESTAURANT

401 E. Main St., Cottage Grove. 541-767-0320.

### SWEETWATERS ON THE RIVER

Valley River Inn, 1000 Valley River Way. 341-3462.  
[valleyriverinn.com](http://valleyriverinn.com)

Serving breakfast, lunch, dinner, Champagne Sunday Brunch. Our northwest cuisine combines both local & sustainable ingredients. Those who look for fresh, innovative cuisine & an enthusiasm for Oregon wines will appreciate our unrivaled service. Seasonal menu selections; entrees, salads, soups, desserts. Specialty drinks, wine flights, beer selections. Lounge w/full spirits. Reservations recommended for dinner & Sunday brunch. LG. Wheelchair accessible. M-Sa 6:30am-9pm. Su 7:30am-9pm. All cards. \$\$\$-\$\$\$\$.

### CIRELLO'S PIZZA

919-F NW Circle Blvd., Corvallis. 754-9199.

Serving dinner 4:30-9pm Su, 11am-9pm M-Th & Sa, 11am-10pm F. V/MC. \$.

### \* BEST PLACE TO EAT WITH KIDS (3RD)

### PEGASUS PIZZA - OAKWAY

4 Oakway Ctr. 344-0844. Delivery 485-2090.

Same Pegasus Pizza as the campus location. Indoor & outdoor seating. Lunch specials. Located at Oakway Center next to Borders. Microbrews on tap. Delivery via Pony Express. 11am-9pm Su-Th, 11am-10pm F-Sa. MC/V. \$-\$.

### \* BEST PIZZA (3RD)

### PEGASUS PIZZA - SOUTH EUGENE

286 Willamette St. 344-9931. [pegaspizza.net](http://pegaspizza.net)

Same Pegasus Pizza as the campus location. \$-\$.

### \* BEST PIZZA (3RD)

### PEGASUS SMOKEHOUSE PIZZA

790 E. 14th Ave. 344-4471.

Serving lunch, dinner: Specialty pizzas, salads, sandwiches & calzones. Voted #1 Pizza 2003-04. 15 microbrews on tap. Counter service. Full bar, big screen TVs & pool table downstairs. Patio dining. HDTV. Delivery via Pony Express. Weekday lunch specials. Wheelchair accessible. 4pm-10pm M, 11:30am-10pm Tu, 11:30am-1pm W-Fr, 12pm-1pm Sa, 12pm-10pm Su. MC/V. \$-\$.

### \* BEST PIZZA (3RD)

### PI PIZZARIA

225 W. Broadway. 953-6344. [pipizzaeugene.com](http://pipizzaeugene.com)

Casual, creative atmosphere, loyal organic pizza by the slice or the pie, vegan & gluten-free options, soup & salads, frozen pizzas to go, Grateful Dead music. Open Friday afternoons. All major cards. \$.

### PIZZALDO'S

937-3844.

A mobile wood fired pizza oven for events, occasions, markets, parties & weddings. \$-\$.

### PIZZA PIPELINE

824 Charnelton St. 868-5808.

932 NW Kings Blvd., Corvallis. 757-3333.

[pizzapipeline.com](http://pizzapipeline.com)

### PIZZA RESEARCH INSTITUTE

325 Blair Blvd. 343-1307.

Northwest artisan pizza. Unique toppings, specialty sauces, herbed dough made daily. Sumptuous vegetarian & vegan food. Daily soups, amazing pizza combinations, specialty salads. Organic microbrews & wine. Take-out. Some OG/LG. 4pm-9:30pm daily. All major cards. \$\$\$-\$\$.  
★ BEST PIZZA (3RD)

### ROARING RAPIDS PIZZA COMPANY

4006 Franklin Blvd. 988-9819.

[rapidpizza.net](http://rapidpizza.net)

Spectacular waterfront setting, serving lunch & dinner: Soups, salads, sandwiches, original recipe pizza made from scratch, vegetarian entrées. Wine, microbrew. Classic carousel rides. Free delivery. Excellent group facilities. Next to Camp Putt.

### LA PERLA

1313 Pearl St. 686-1313.

Neapolitan-style thin-crust pizza made w/house-made mozzarella & San Marzano tomatoes. Italian desserts & wines. 11:30am-9pm Mo-Sa, 5-9pm Su. \$\$\$-\$\$.  
★ BEST PIZZA (2ND)

### LITTLE CAESAR'S PIZZA

1711 Willamette St., Ste. 304. 344-3330.

Serving lunch & dinner featuring pizza, bread sticks, chicken wings. 11am-9pm daily. All major cards. \$-\$.

### MARCHÉ PROVISIONS

See Bakeries

### MANGIANO'S PIZZARIA

2915 Row River Rd., Cottage Grove.

[facebook.com/Mangianos](http://facebook.com/Mangianos)

Family-owned & operated, Cottage Grove's largest salar bar. Oregon Lottery & 2 big screen TVs. Dough, sauce & all pastas made fresh daily. Pizza, calzones, spaghetti, lasagna, appetizers & more. 11am-8pm M-Sa. All major cards & travelers' checks. \$.

### MEZZA LUNA PIZZERIA

933 Pearl St. 684-8900.

[2776ShadowViewDr.com](http://2776ShadowViewDr.com)

New York style, hand-thrown pizzas. Specialty salads & great appetizers. Five slice choices available all day. Beer & wine. Wheelchair accessible. 11am-10pm M-Sa, noon-9pm Su. Some cards. \$.

### \* BEST PIZZA (2ND)

### SY'S NEW YORK PIZZA

1211 Alder St. 686-9598.

[sysnewyorkpizza.com](http://sysnewyorkpizza.com)

Serving lunch, dinner. Thin crust Neapolitan & deep dish Sicilian pizza whole by the slice, garlic knots, Italian ice (lemon, strawberry, cherry). Dine-in or take-out. 11am-midnight Su-Th, 11am-1am F & Sa. All major cards. \$-\$.

# RESTAURANT *Chow!* LISTINGS

LG. Franklin: 11am-midnight Su-Th, 11am-1am F-Sa. River Rd.: 11am-9:30pm M-Th, 11am-10:30pm F-Sa, noon-9:30pm Su. Some cards. \$\$.

## WHIRLED PIES

1123 Monroe St. 636-7377. whirledpies@gmail.com

Artisan thin-crust pizzas, local/organic salads, Stromboli, calzones, cheese bread, local meats, house-roasted chicken, sausage, garlic & onion, serving local beer on draft, wine by the glass, bottled wine & beer to go, happy hour 3-6pm daily. 11am-10pm daily. V/M/C/D. \$\$.

## WHIRLED PIES AT COZMIC

199 W. 8th Ave. 338-9333.

Pizza, salads & calzones, with beer & wine selections. 5-9pm daily. \$\$\$.

## WOODSTOCK'S PIZZA PARLOR

1045 NW Kings Blvd., Corvallis. 752-5151. Pizza & salads, beer & wine. Free delivery (most of Corvallis). Wheelchair accessible. 11am-midnight Su-Th, 11am-F & Sa. V/M/C/D/AE. \$\$.

## Seafood

### ALDER ST. FISH CO.

1239 Alder St. 654-5109.

11am-8pm M-F. MC/V. \$\$.

### AQUA SEAFOOD RESTAURANT & BAR

151 NW Monroe, Corvallis. 752-0262.

aquacorvallis.com

Pacific Rim Hawaiian regional cuisine. Family friendly. Full bar, lounge & dining room. 11:30am-2:30pm & 5pm-close M-Sa.

### FISHERMAN'S MARKET

830 W. 7th Ave. 484-CRAB.

Specializing in fish & chips, seafood entrées, soups, fresh fish & you-bake entrées. Microbrews, wine. Dine in or take-out. Some OG. Wheelchair accessible. 11am-8pm daily. MC/V/AE. \$\$\$.

### MCGRATH'S FISH HOUSE

1036 Valley River Way. 342-6404.

350 Circle Blvd., Corvallis. 752-FISH.

Serving lunch, dinner. Daily fresh seafood listing, wood-fired seafood, seafood specials, vegetarian entrées, salads. NW California wines; beer, microbrews, full bar. Call ahead up to two hours for priority seating list. Some OG. Wheelchair accessible. 11am-10pm M-Su. All major cards. \$\$\$.

### NEWMAN'S FISH COMPANY

1545 Willamette St. 344-2371.

Fish & chips to go: Halibut, cod, salmon, shrimp, scallops, chowder, chips, slaw & daily specials. Grotto features an expanded menu including grilled specialties & sandwiches. Fresh fish daily since 1890. Counter service, outdoor seating & take-out. Open 11am-7pm daily. Fridays 'till 8pm. MC/V. \$.

## Southeast Asian

### AIYARA THAI CAFÉ

1010 Harlow Rd. Spfd. 736-8306. aiyarathaiacafe.com

The affordable Thai cuisine. Dine in or take out. Wheelchair accessible. 11am-8pm M-F, noon-8pm Sa. MC/V. \$\$.

### ANGKOR CAMBODIAN CAFE

1810 Chambers St. 343-0485.

Traditional Cambodian cuisine. Phnom Penh noodles, Cambodian-style curry, authentic marinades, spring rolls, fried rice & bubble tea. 11am-9pm. \$\$.

### BAI KHAO THAI

541 W. Centennial Blvd. 736-8424. baikhaothai.com

Traditional Thai cuisine. 11am-3pm & 4pm-9pm M-F, noon-3pm & 4-9pm Sa-Su. \$\$.

### BON MI

153 E. Broadway. 505-9349. bonmieugene.com

Pho Noodle Soups, Bun Vermicelli bowls, Salad Rolls, French inspired deli sandwiches, a variety of fresh Salads & Bánh mì Sandwiches. 10:30am-9pm M-F, 11am-6pm Su. \$\$.

### CHAO PRA YA THAI CUISINE

580 Adams St. 344-1706.

Real Thai-style, more than 100 items to choose from. Best of Eugene 2003-2006. 11am-9pm M-Th, 11am-10pm F, noon-10pm Sa, noon-9pm Su. Some cards. \$\$.

### MANOLA'S THAI CUISINE

652 E. Broadway. 342-6666. manolasthai.com

Serving lunch & dinner. Papaya salad, pineapple curry w/shrimp, mint leaf & basil stir-fry. Chef Phayao Tongrapipak brings 55 years experience & countless authentic, ethnic Thai recipes to Manola's. Some OG/LG. 11am-9pm M, 11am-9pm Tu-Th, 11am-9:30pm F, noon-9:30pm Sa, noon-9pm Su. MC/V/AE/Novus. \$\$.

### MASTER DONUTS

3177 Gateway, Spfd. 988-5991.

Thai cuisine, donuts & coffee. Lunch served starting at 11am; vegetarian options available. 11am-8pm M-F, noon-8pm Sa, VMC. \$\$.

### NOODLE N THAI RESTAURANT

553 Main St., Spfd. 505-7349. noodlenthaicom

Thai food made from scratch using fresh Thai rice noodles. No MSG. 11am-8pm daily.

### RING OF FIRE RESTAURANT & CATERING

See Pacific Rim

### SABAICAFE & BAR

27 Oakway Center. 654-5424. sabaicafe.com

Traditional Thai salads, noodles, stir fry & more. Vegetarian options available. Full bar. 11am-10pm M-F, noon-10pm Sa-Su. All major cards. \$\$.

### \* BEST THAI (2RD)

## Word is

Gluten-free restaurant **Sundial Café** is now open and serving up gluten-free delights from its spot at 2435 Hilyard Street. Throughout the week (but closed on Mondays), Sundial serves soups, salads, sandwiches and burgers, with a couple of specialty items like sweet potato enchiladas and vegan mac 'n' cheese. Don't miss the peanut butter and jelly smoothie — it's delightful. See sundialcafeeugene.com for more.

### SWEET BASIL EXPRESS

1219 Alder St.

Sweet Basil Express offers the elegant side of Thai food. Wheelchair accessible. 11:30am-3pm M-Sa, 5-9pm Su-Th, 5-10pm F & Sa. MC/V/AE/D/DC. \$\$-\$.

### \* BEST THAI (3RD)

### TA RA RIN THAI CUISINE

1200 Oak St. 343-1230.

1410 Mohawk Blvd. 505-8987. Come & try our mother's homemade recipes taste that you admire & are familiar with, in a relaxing atmosphere w/friendly staff & affordable prices. Serving a fine selection of beer & wine. Make our kitchen your kitchen! Some OG. Wheelchair accessible. 11am-3pm & 4:30-10pm M-F, noon-10pm Sa & Su. All major cards. \$\$.

### \* BEST THAI

### TAM'S PLACE VIETNAMESE CUISINE

See Food Carts

### TARN TIP THAI CUISINE

2535 NW Monroe Ave., Corvallis. 757-8906.

Serving lunch & dinner. LG. Lunch 11am-3pm. Dinner 5pm-9pm M-Sa, 4pm-9pm Su. No cards. \$\$.

### TASTY THAI CAMPUS

1308 Hilyard St. 343-0165.

Express service: Rice bowls, Thai wraps, bubble tea, beer & wine. Vegetarian & vegan friendly. Delivery. 11am-9:30pm daily. MC/V/D. \$\$.

### \* BEST THAI (3RD)

### THEATL CHILI

80 F. 29th Ave. 302-6444.

Serving breakfast, lunch & dinner. Exotic Thai cuisine w/weekly lunch & dinner specials. Vegan & vegetarian entrées. Wine, cocktails, beer, smoothies & bubble tea. Take-out & delivery. Wheelchair accessible. 11am-9:30pm M-F, 9:30am-9:30pm Sa-Su. MC/V/D. \$\$.

### \* BEST THAI

### TOM YEN VIETNAMESE RESTAURANT

1915 W. 11th Ave. 683-9386.

Serving lunch, dinner: Vietnamese cuisine including beef noodle soup, spiced salads, chicken, pork, tofu & rice dishes. Vegetarian entrées. Take-out. 11am-7pm Su-Tu & Th, 11am-8pm F-Sa. MC/V/C. \$\$.

### \* BEST THAI

### YI SHEN VIETNAMESE RESTAURANT

1915 W. 11th Ave. 684-8060.

Beef noodle soup & other traditional Vietnamese dishes. 11am-9:30pm M-Th, 11am-10:30 F-Su. Some cards. \$\$.

### \* BEST THAI

### ZEN SUSHI

1219 Alder St.

Sweet Basil Express offers the elegant side of Thai food. Wheelchair accessible. 11:30am-3pm M-Sa, 5-9pm Su-Th, 5-10pm F & Sa. MC/V/AE/D/DC. \$\$-\$.

### \* BEST THAI

### UBON THAI

670 Hwy 99 N. 689-0033.

Authentic Thai curries, stir fries, noodles & soups. 11am-7pm Tu-Sa. MC/V. \$\$.

### Vietnam Restaurant

2355 W. 11th Ave. 684-8060.

Beef noodle soup & other traditional Vietnamese dishes. 11am-9:30pm M-Th, 11am-10:30 F-Su. Some cards. \$\$.

### \* BEST THAI

### YI SHEN VIETNAMESE RESTAURANT

1915 W. 11th Ave. 683-9386.

Serving lunch, dinner: Vietnamese cuisine including beef noodle soup, spiced salads, chicken, pork, tofu & rice dishes. Vegetarian entrées. Take-out. 11am-7pm Su-Tu & Th, 11am-8pm F-Sa. MC/V/C. \$\$.

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# WHY?

It's about  
**REAL FOOD.**

It's fresh produce  
from our region's best  
**LOCAL FARMS.**

Because it  
**TASTES BETTER.**

It's meat from ranchers  
who do things  
**THE RIGHT WAY.**

It's seafood from  
our amazing Northwest Coast that's  
**SUPER FRESH.**

It's delightful groceries that are  
**RARE & SPECIAL.**

It's supporting organic agriculture that's  
**SUSTAINABLE.**

And it's about...  
**SLOWING DOWN.**

Because eating food, shopping for food,  
and cooking food should be  
**FUN & INSPIRING.**

**(THAT'S WHY)**

**PROVISIONS**  
MARKET HALL OREGON

*Come to Gather*  
*IN THE HISTORIC 5TH STREET PUBLIC MARKET.*



## For The Love of Huli!

If you love teriyaki chicken, you'll  
love our new tender & delicious  
Huli Chicken Breast

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REGULAR OR TSUNAMI SIZE HULI

Original Huli Huli (#3) • NEW Huli Chicken Breast (#13)

Our Teriyaki is Gluten-Free

*Call us to cater  
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3 Great Eugene locations:

55 W. 29th Ave (541) 344-5880  
Open Everyday: 11am-9pm

2506 Willakenzie Rd (541) 342-3006  
Open Everyday: 11am-9pm

401 W. 3rd Ave (541) 344-3324  
Open Mon-Friday: 11am-4pm



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NATURAL FOODS  
Individuals  
Nourishing Community  
Since 1971

## Organic Catering!

*Vegetarian or Vegan*



see our menu at  
[Sundancenaturalfoods.com/Menu.pdf](http://Sundancenaturalfoods.com/Menu.pdf)

24th & Hilyard • 541-343-9142 • open daily 7am-11pm

Local merchants, the heart of our community

